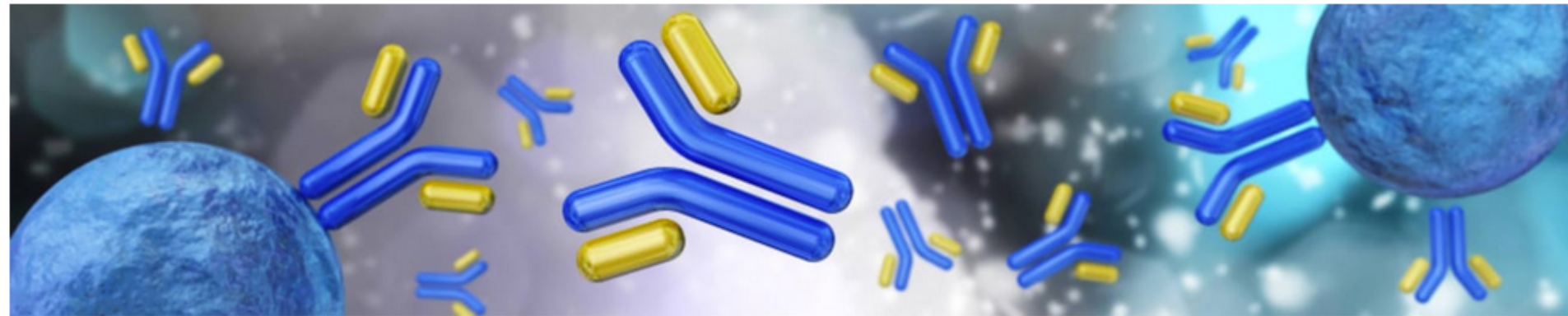


# B Cell Activation and the Humoral Immune Response

Micro204 Molecular and Cellular Immunology

Lecturer: Jason Cyster



# Vaccine Challenge

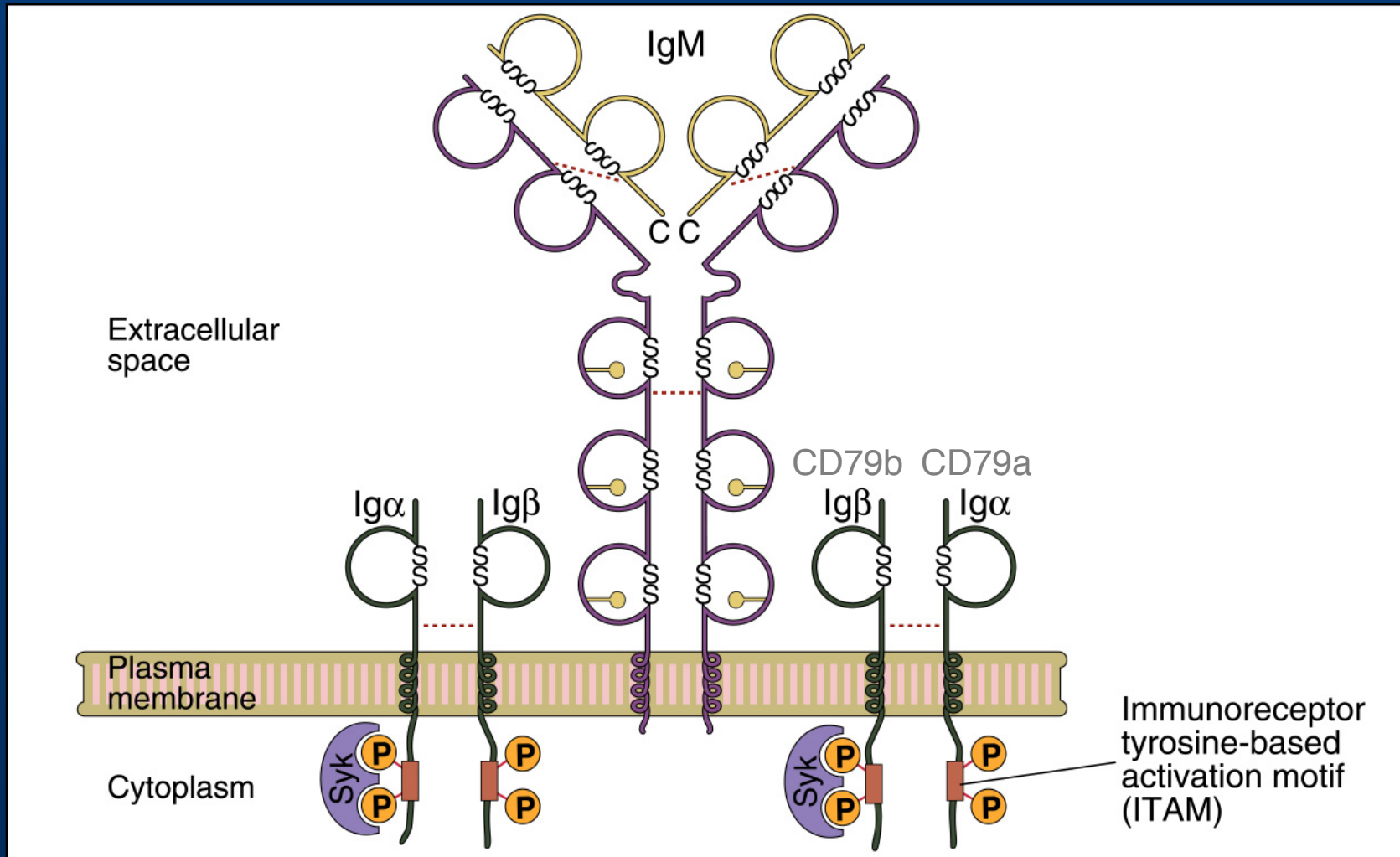
- Vaccines are needed that induce broadly neutralizing antibodies against flu and HIV
- How are we going to make them?
- Need to know how B cells see antigen, how they become activated to make antibody, what affects the range of antibodies they make and what ensures a long-lasting response

# Questions

- What is the frequency of B cells specific for a typical viral antigen?
- What sets the number of B cells?

# BCR

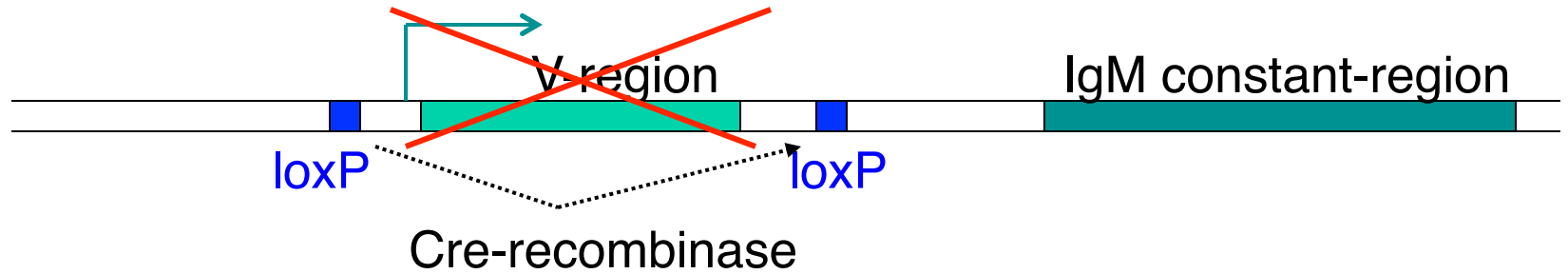
## B cell antigen receptor complex



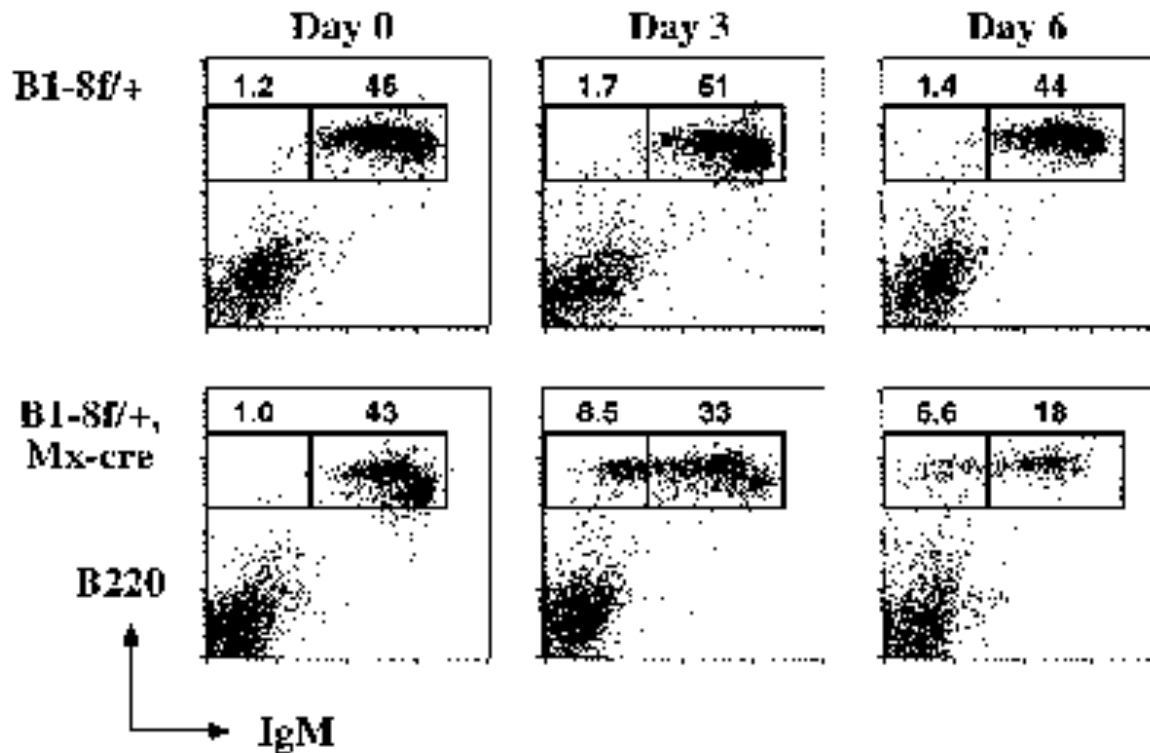
From Abbas, Lichtman, & Pober: Cellular and Molecular Immunology. W.B. Saunders, 1999, Fig. 9-3

Syk kinase is closely related to Zap70 in T cells (has 2 SH2 domains)

# Constitutive BCR signaling is necessary for B cell survival



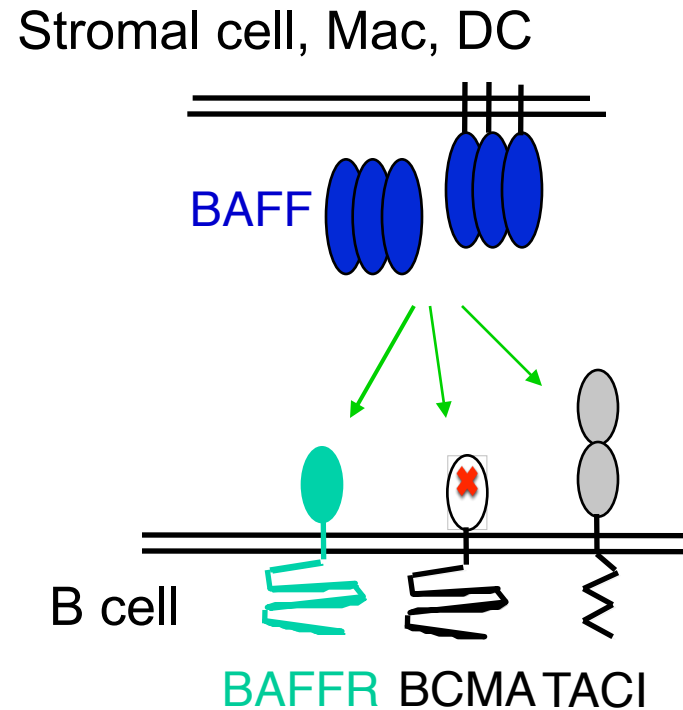
Cre-Induction by IFN



Srinivasan / Rajewsky  
2009 Cell  
PI3K signals BCR-  
dependent mature  
B cell survival

Lam / Rajewsky 1997 Cell

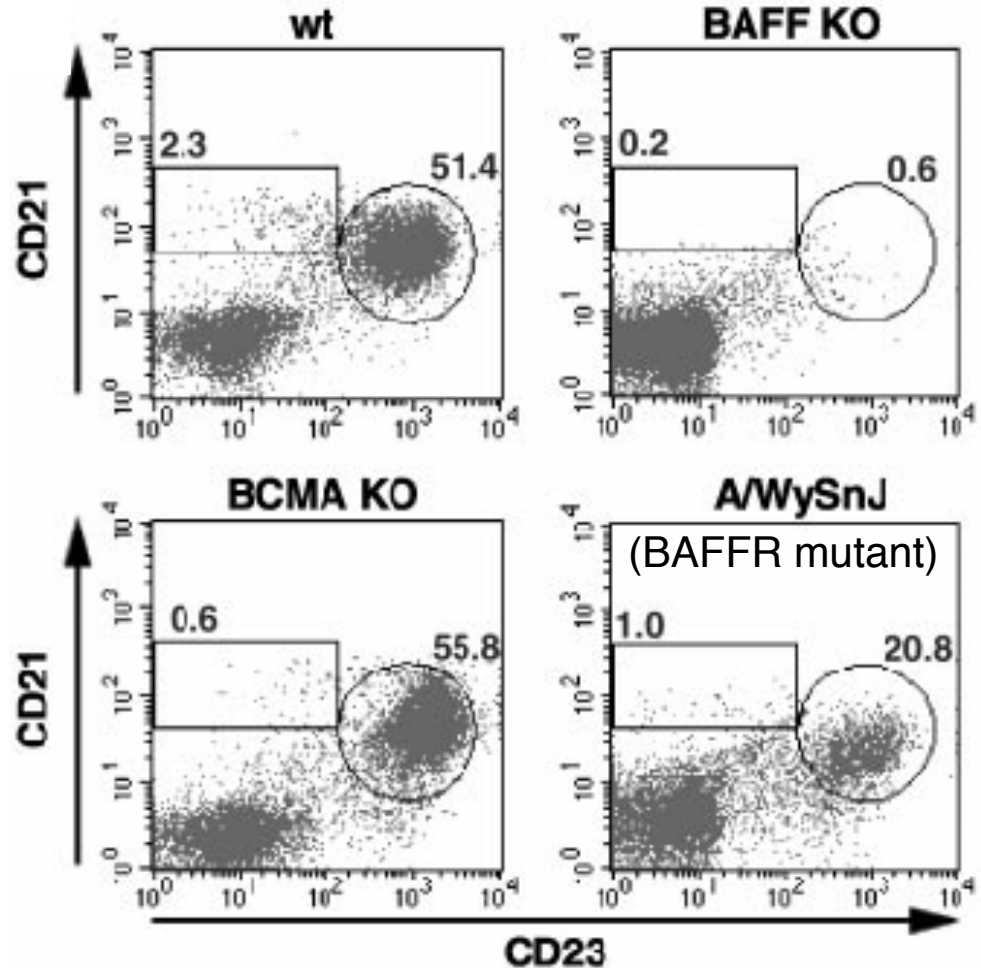
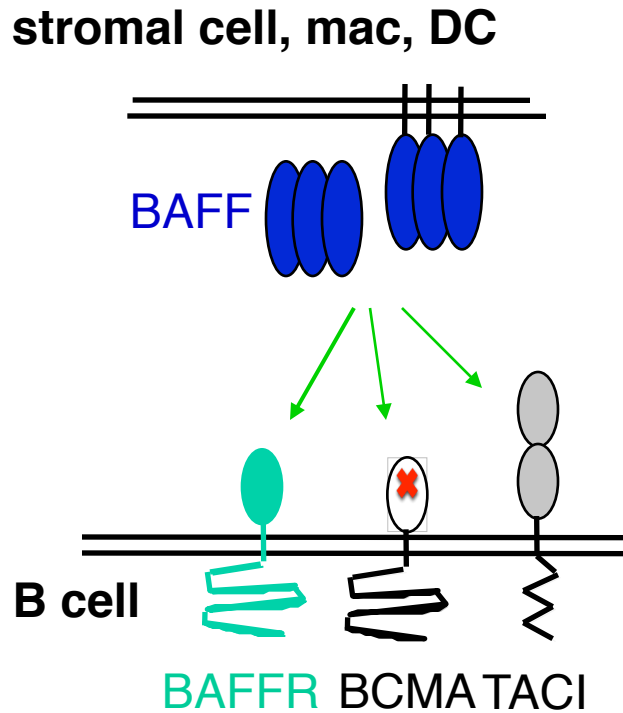
# BAFF / Blys and B cell survival



NF $\kappa$ B (alternative & classical pathways)  
-> Bcl2, Pim, other  
-> Cell Survival

- Member of TNF family
- Made by stromal cells, macrophages, DCs
- BAFF-receptor constitutively expressed on B cells
  - BAFF also binds TACI and BCMA
  - APRIL is a second TACI, BCMA ligand
- Critical role in B cell homeostasis
  - BAFF knockout has ~100x less B cells and is less able to mount antibody responses
  - BAFF over-expression increases total B cell numbers and promotes autoantibody production
  - BAFF serum levels elevated in lupus

# BAFF/Blys is necessary for B cell survival



CD21 (Cr2) and CD23 are markers of mature (follicular) B cells  
 CD21<sup>hi</sup>CD23<sup>lo</sup> B cells in the spleen are marginal zone (MZ) B cells

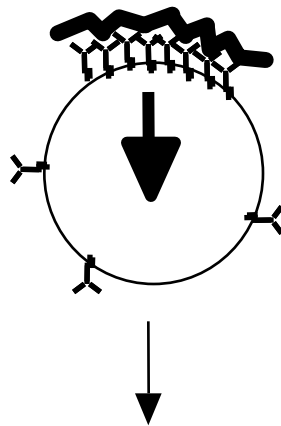
# Questions

- Flu and HIV antigens are heavily glycosylated. Can we make antibodies against carbohydrate antigens? Can we make them against the ones on viruses?



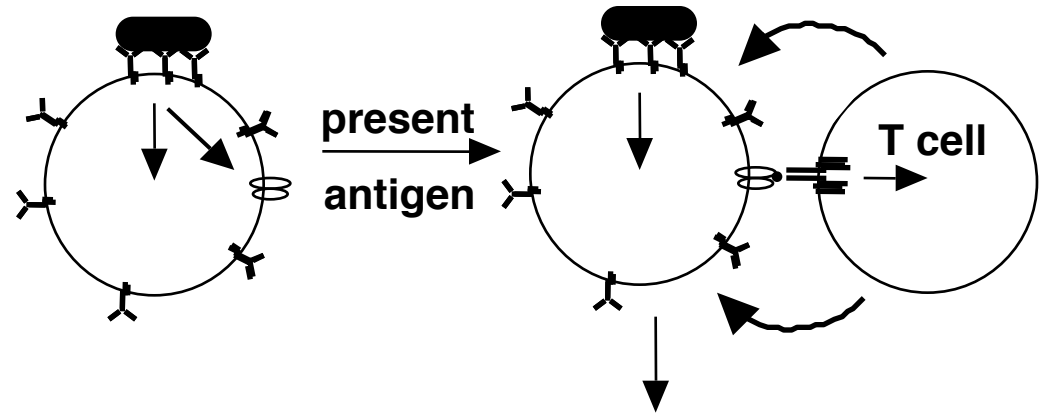
# Types of B cell Antigens

T-cell independent (TI)



mitogenic  
BCR signal

T-cell dependent (TD)



'activation' signal  
but not mitogenic

mitogenesis,  
differentiation

Mitogenic means promotes mitosis (proliferation) – clonal expansion

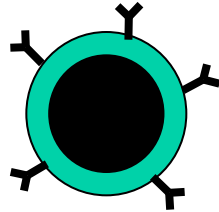
# Types of antigen

- T-independent (TI) antigens
  - induce division/differentiation by BCR signaling alone
    - bacterial polysaccharides, repeating surface molecules on viruses
- T-dependent (TD) antigens
  - activate via BCR but depend on additional signals from helper T cells to cause division/differentiation
    - any antigen containing protein
- Most pathogens contain both TI and TD antigens
- Only TD antigens can induce Germinal Center (GC) responses

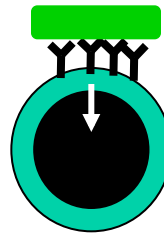
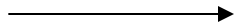
# T-Independent (type II) Responses

## Old Paradigm:

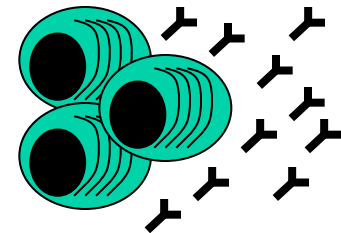
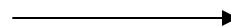
Multivalent Antigen



B cell

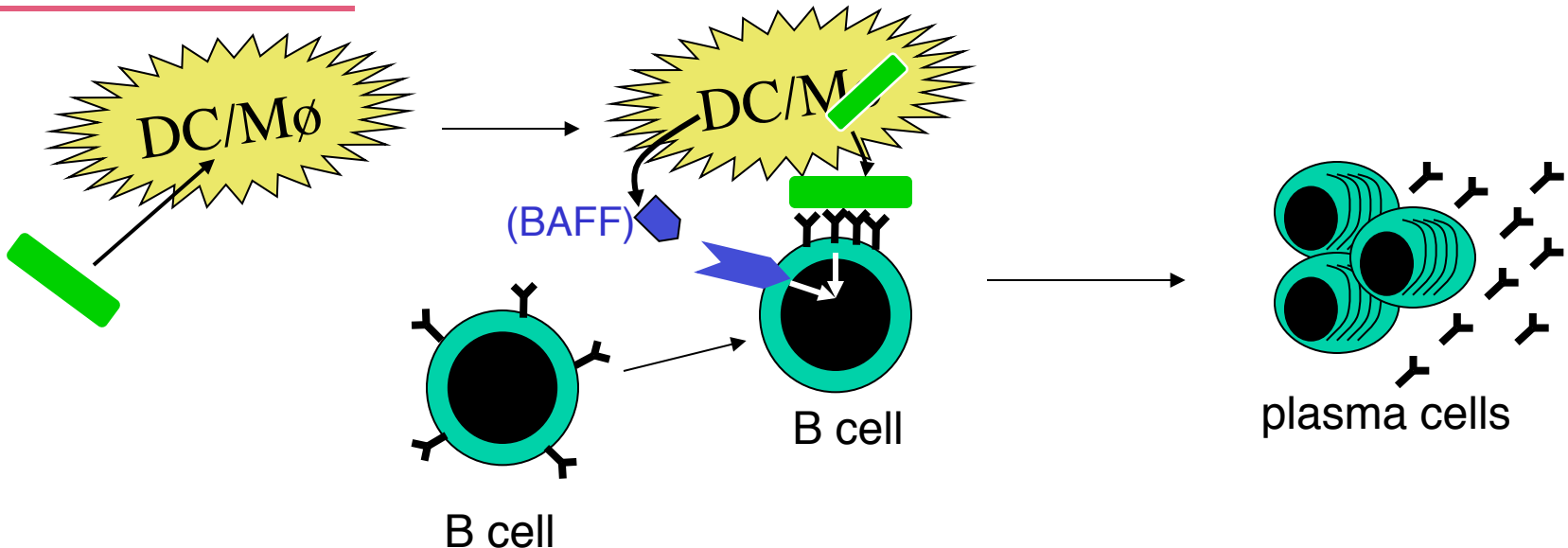


B cell

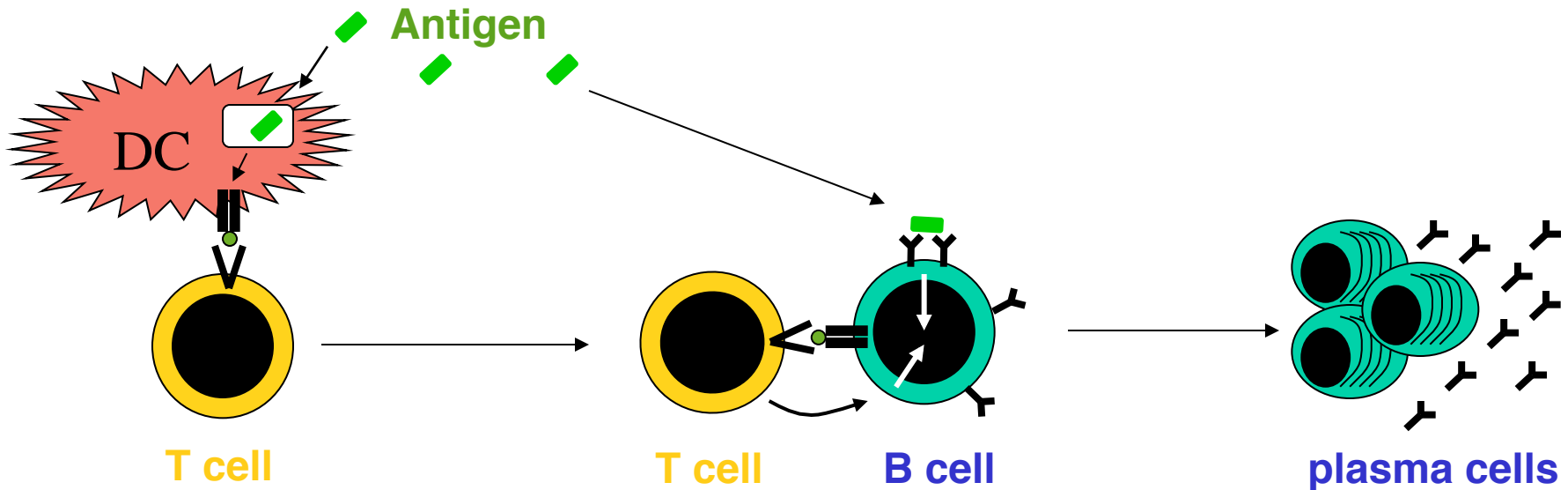


plasma cells

## Newer Model:



# T-Dependent Responses



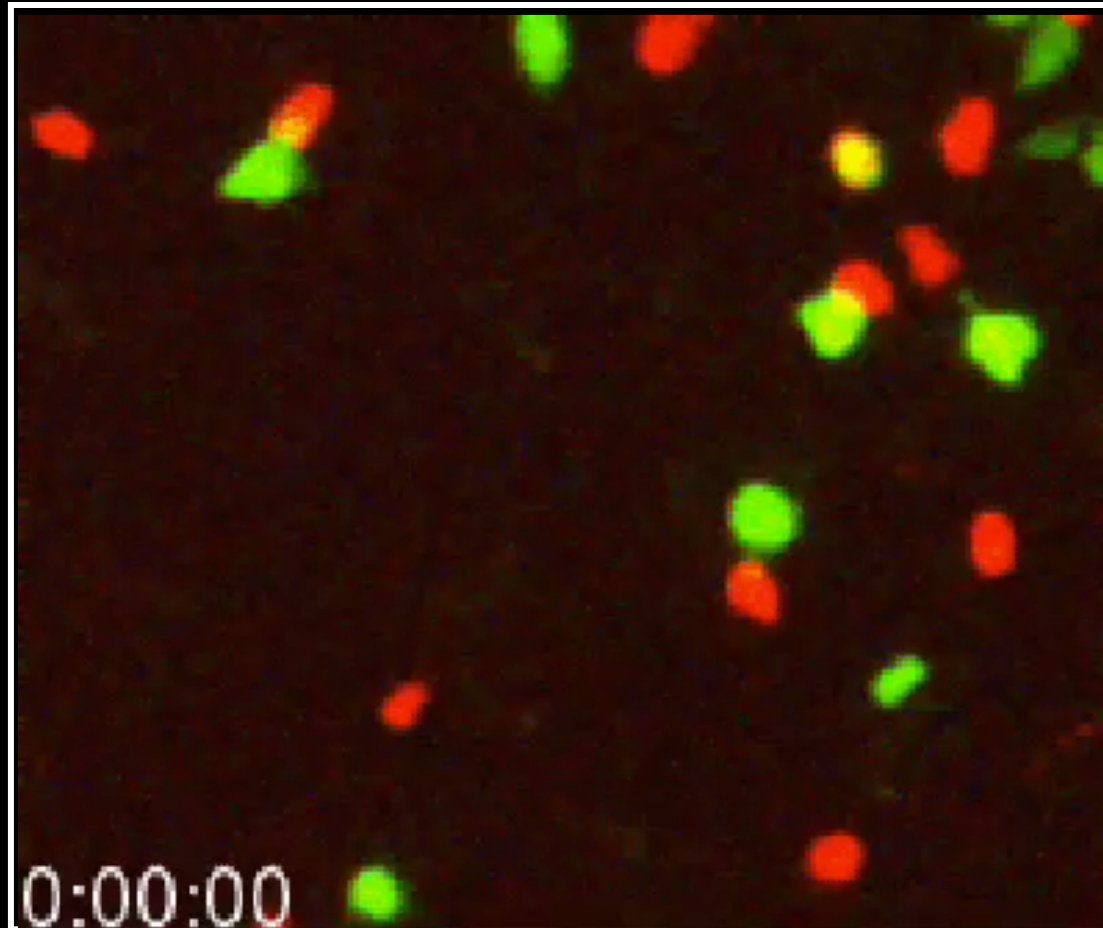
Dendritic Cell (DC) internalizes antigen (Ag), processes into peptides, presents peptides together with MHC molecules to T cells

B cell binds Ag via surface Ig, transmits BCR signals and presents peptides to T cells, receives T cell help (growth and differentiation factors)

Secretes Antibody (Ab)

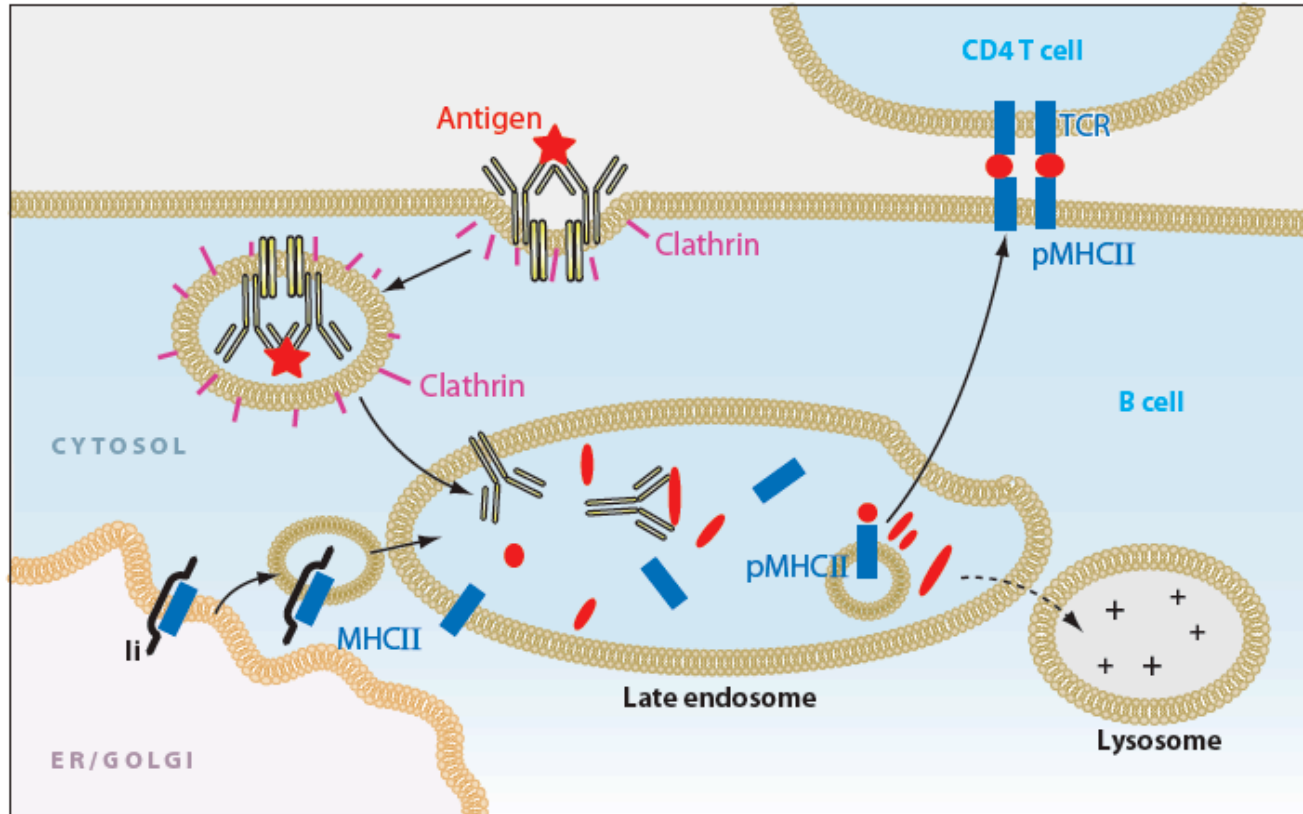
# Interactions between antigen-specific B and T cells

1 day after Hen Egg Lysozyme (HEL) antigen injection



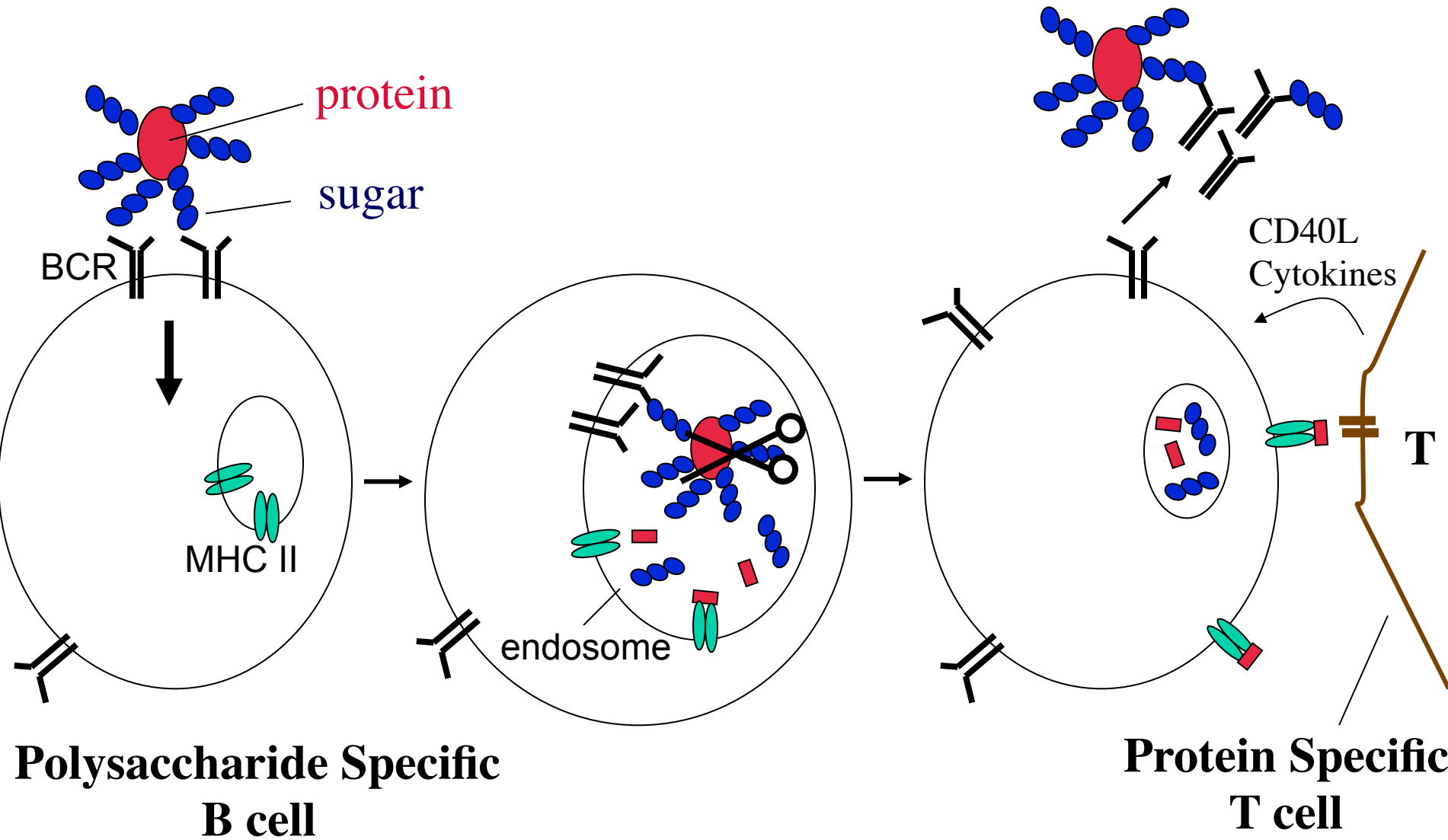
HEL-specific (Ig-tg) B cells  
HEL-specific (TCR7 tg) T cells

# B cells are antigen-presenting cells



- BCR cross-linking induces antigen internalization to endosomes
- antigen is proteolysed to peptides
- peptides associate with MHC class II
- MHC class II-peptide complexes traffic to surface of B cell
- *B cells present antigen recognized by their BCR  $\sim 10^5$  times more efficiently than other antigens*

# B cell antigen presentation and the concept of linked help

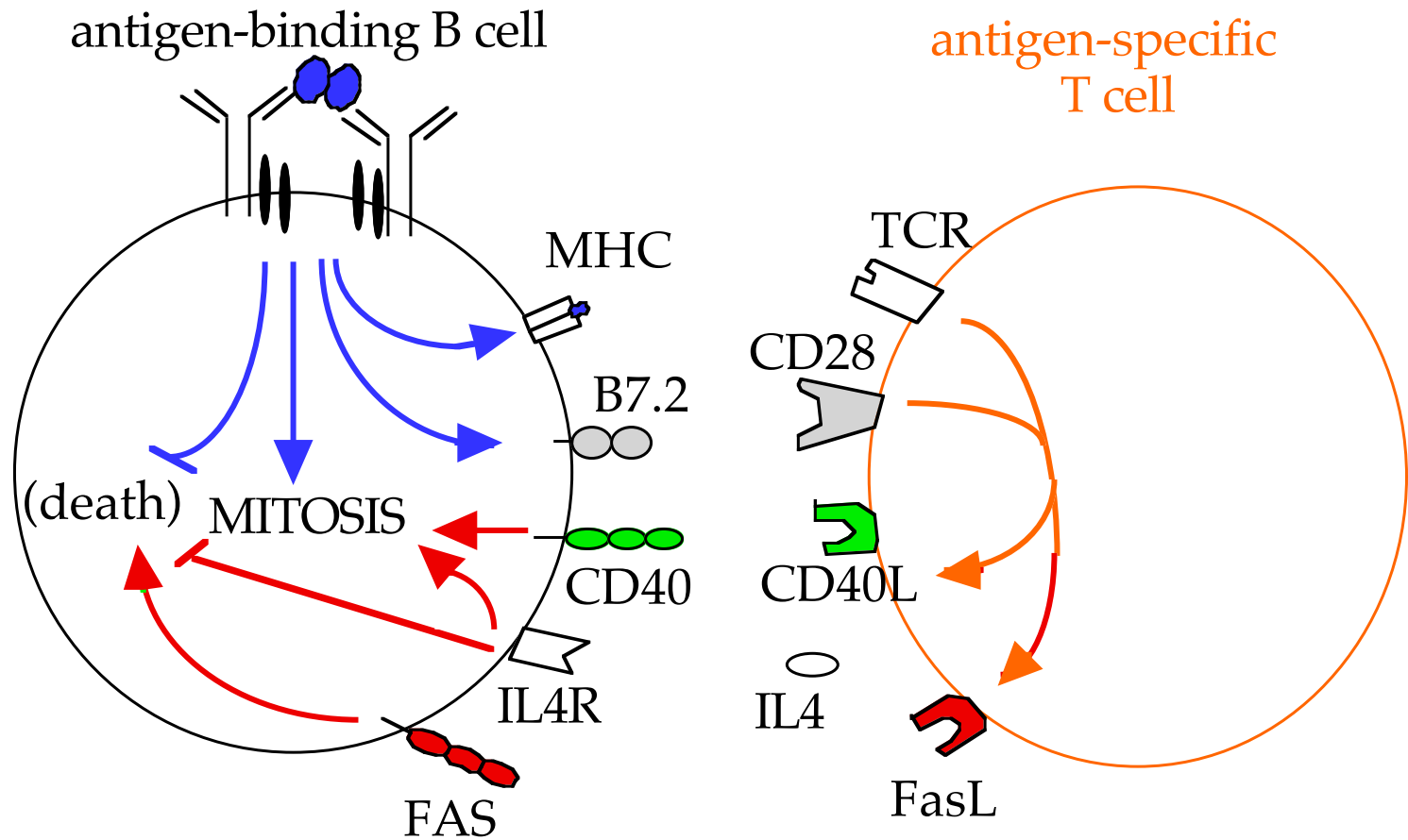


# Questions

- Do we want the vaccine to drive a T-independent or T-dependent response?

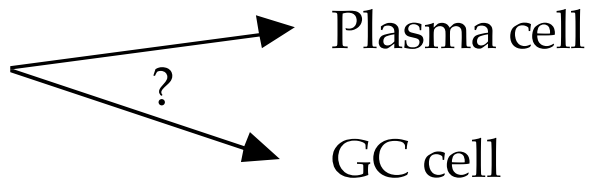


# Cardinal features of B - T interaction

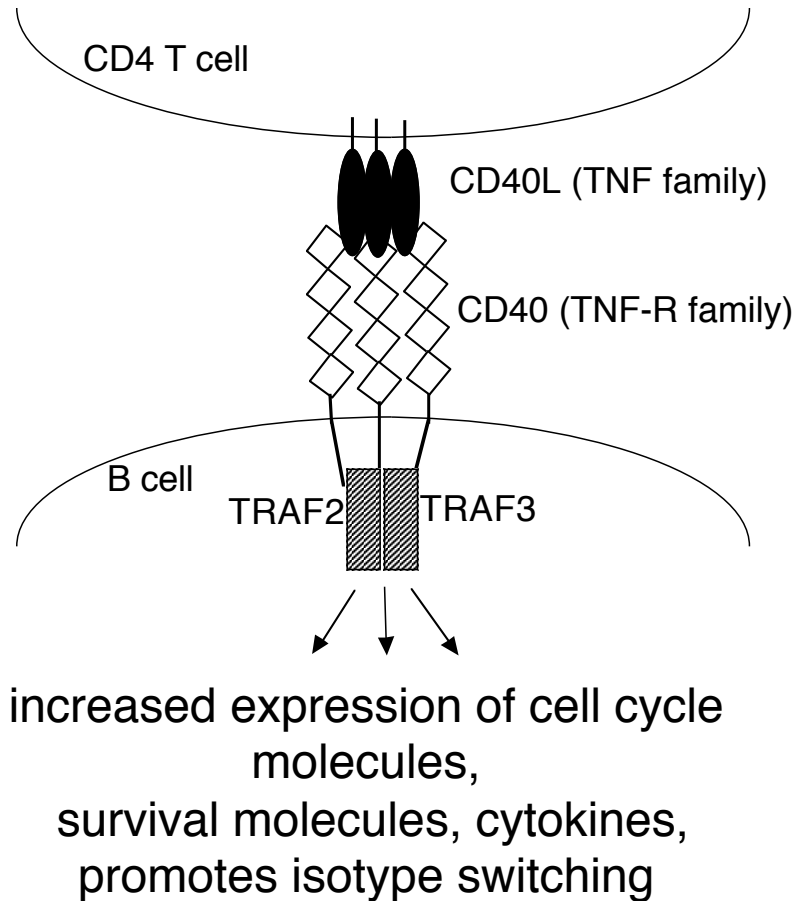


additional cytokines,  
costimulatory signals

isotype switching,  
proliferation



# Role of CD40 in B cell activation



- TCR triggering up-regulates CD40L on T cell
- CD40 signaling promotes B cell activation
- CD40L-deficiency = 'hyper-IgM syndrome' (no isotype switching, no Germinal Centers)
- CD40 signaling also important in DC, Mac function

# B-T interaction summary

- BCR signals induce costimulatory molecules (CD86, ICAM1 etc), entry to G1, antigen presentation
- CD40L triggers CD40 -> synergizes with BCR signals to promote mitosis
- T cell derived cytokines promote proliferation, differentiation, isotype switching:
  - IL6 promotes differentiation
  - IL4 -> IgG1, IgE
  - IFN $\gamma$  -> IgG2a, IgG3
  - TGF $\beta$  and IL5 -> IgA
- Many other molecules involved in T-B interactions, including:
  - Ly108 (SLAM family) homotypic adhesion molecules and SLAM-associated protein (SAP) promote prolonged B-T interaction essential for GC response
  - ICOSL on GC B -> ICOS on Tfh (essential for GC response)

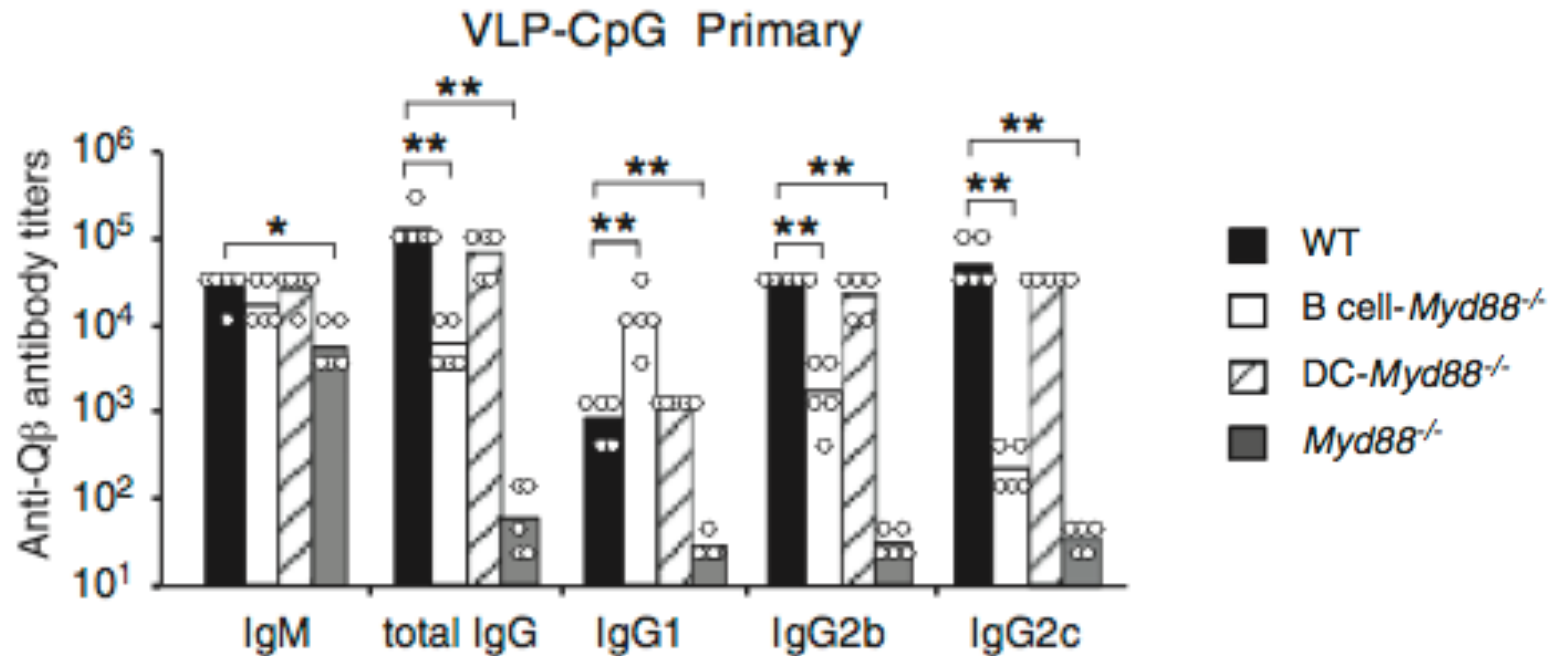
# Questions

- Do viruses promote the B cell response solely by engaging the BCR or can other receptors on the B cell be involved? Which ones?

# Innate features of pathogens act as B cell costimulators

- Pathogen multivalency
  - provides a level of BCR crosslinking optimal for activation
- Many pathogens activate TLRs
  - TLR signaling synergizes with BCR signal
- Some induce type I IFNs
  - IFN $\alpha/\beta$  receptor signaling synergizes with BCR
- Many activate the complement cascade and become C3d coated
  - complement receptor (CR) crosslinking synergizes with BCR signal

# TLR signaling in B cells via adaptor Myd88 augments Ab response

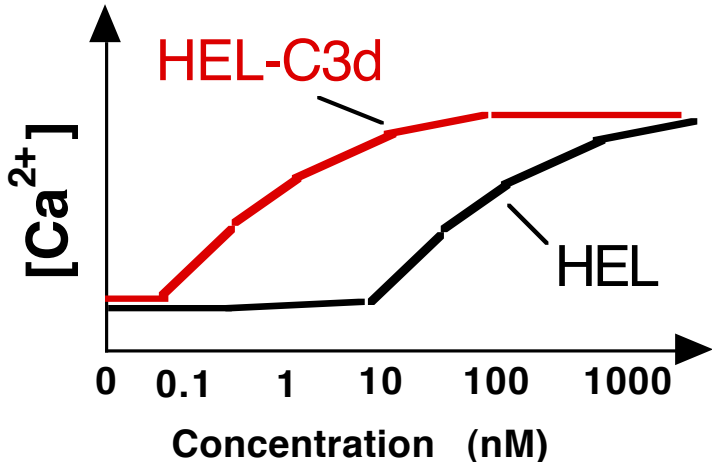
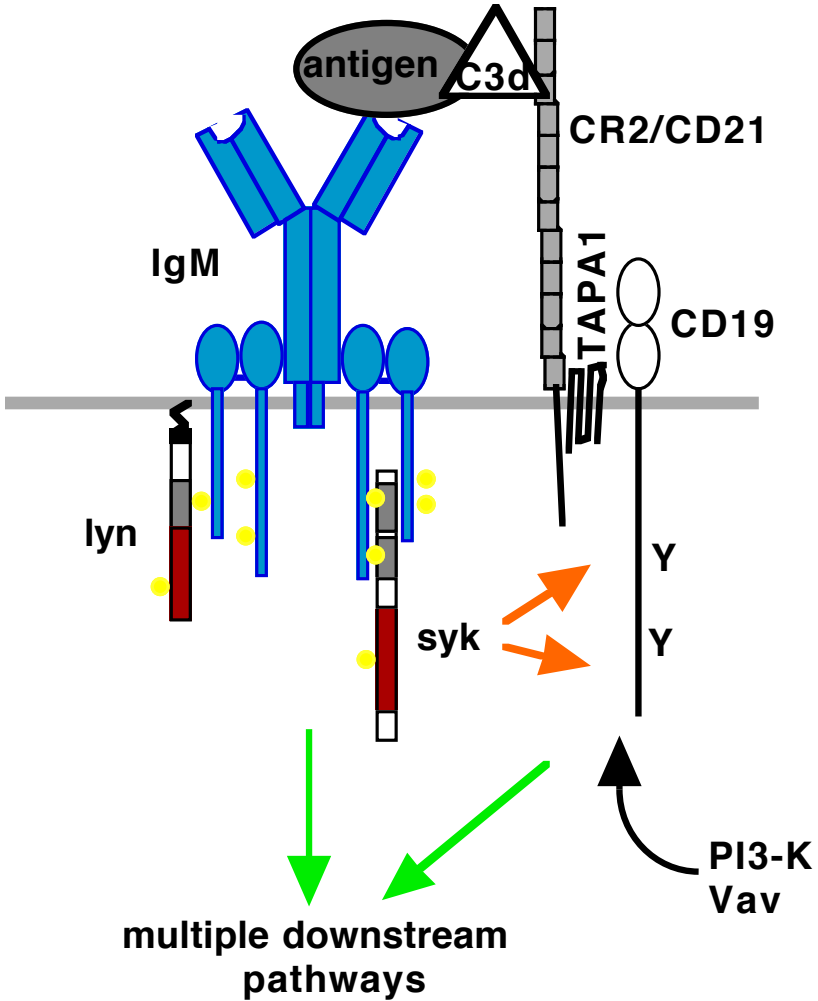


VLP – viral-like particle

Myd88 – signaling adaptor needed for TLR9 signaling

- Antigen internalized via BCR colocalizes TLR-ligand (CpG DNA) with endosomal TLR9 in B cell -> costimulatory signaling of antigen specific cell

# Antigen-C3d complexes cross-link BCR and CR2-CD19 -> increase sensitivity to antigen



Dempsey et al. (1996) Science 271, 348  
Sensitivity of anti-HEL Ig-transgenic B cells to HEL and HEL-C3d

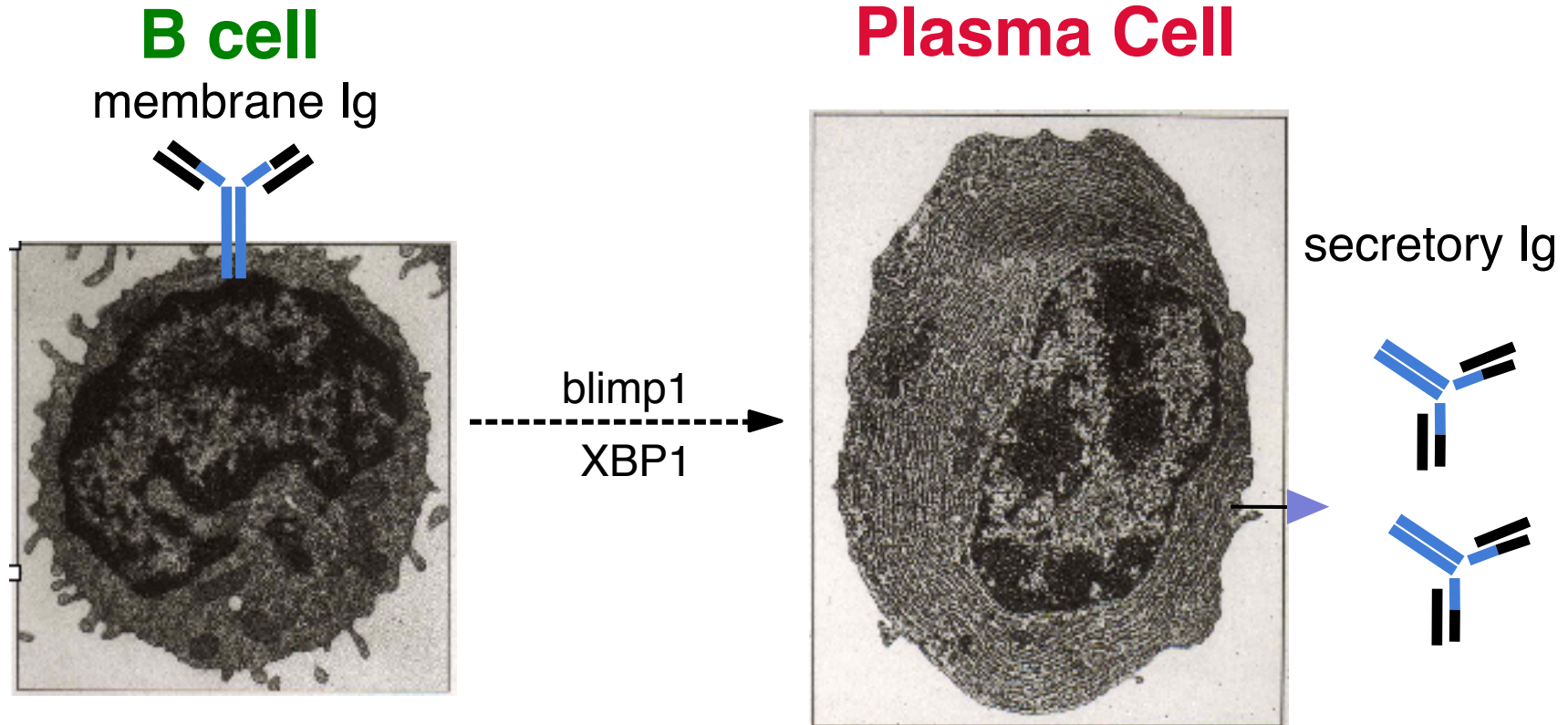
HEL – hen egg lysozyme (model antigen)

# Questions

- Ultimately the vaccine needs to induce plasma cell differentiation. Does it matter what type of plasma cell is induced?

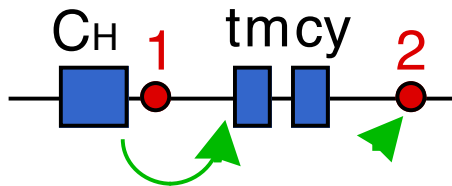
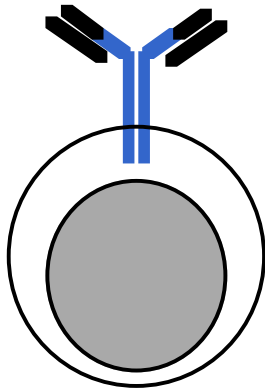


After appropriate activation the B cell differentiates into an antibody secreting cell, also known as a Plasma Cell

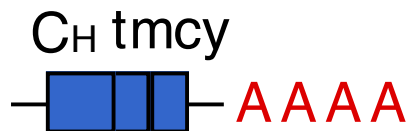


# Production of membrane vs secreted Ig

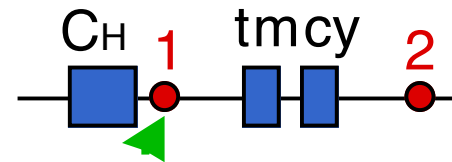
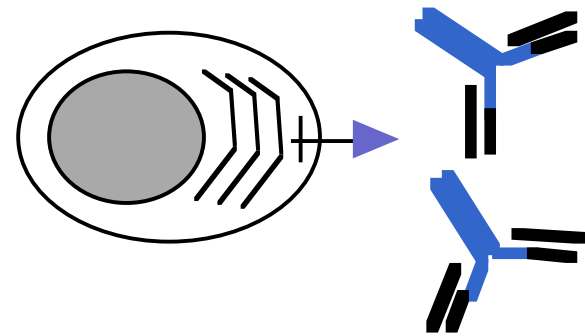
membrane Ig



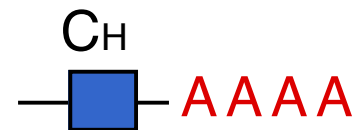
splice, use  
poly A site 2



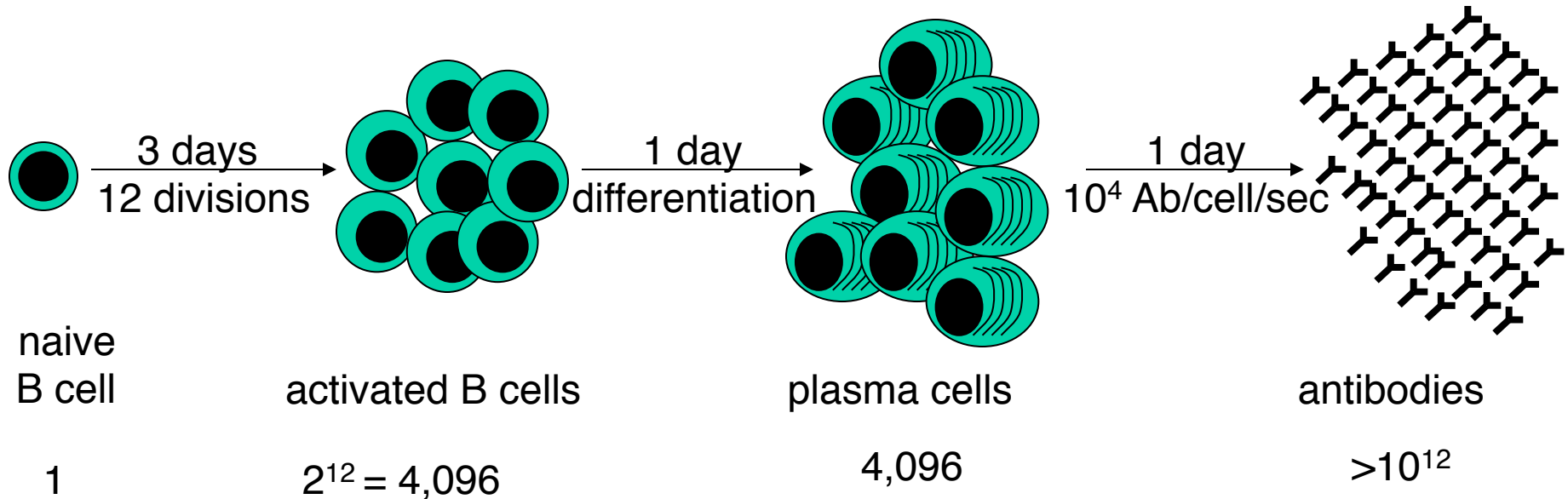
secretory Ig



no splice, use  
poly A site 1



# B cell antibody response - clonal replication enters into a higher order upon plasma cell differentiation



(these are just rough numbers)



# Plasma Cells are antibody secreting cells

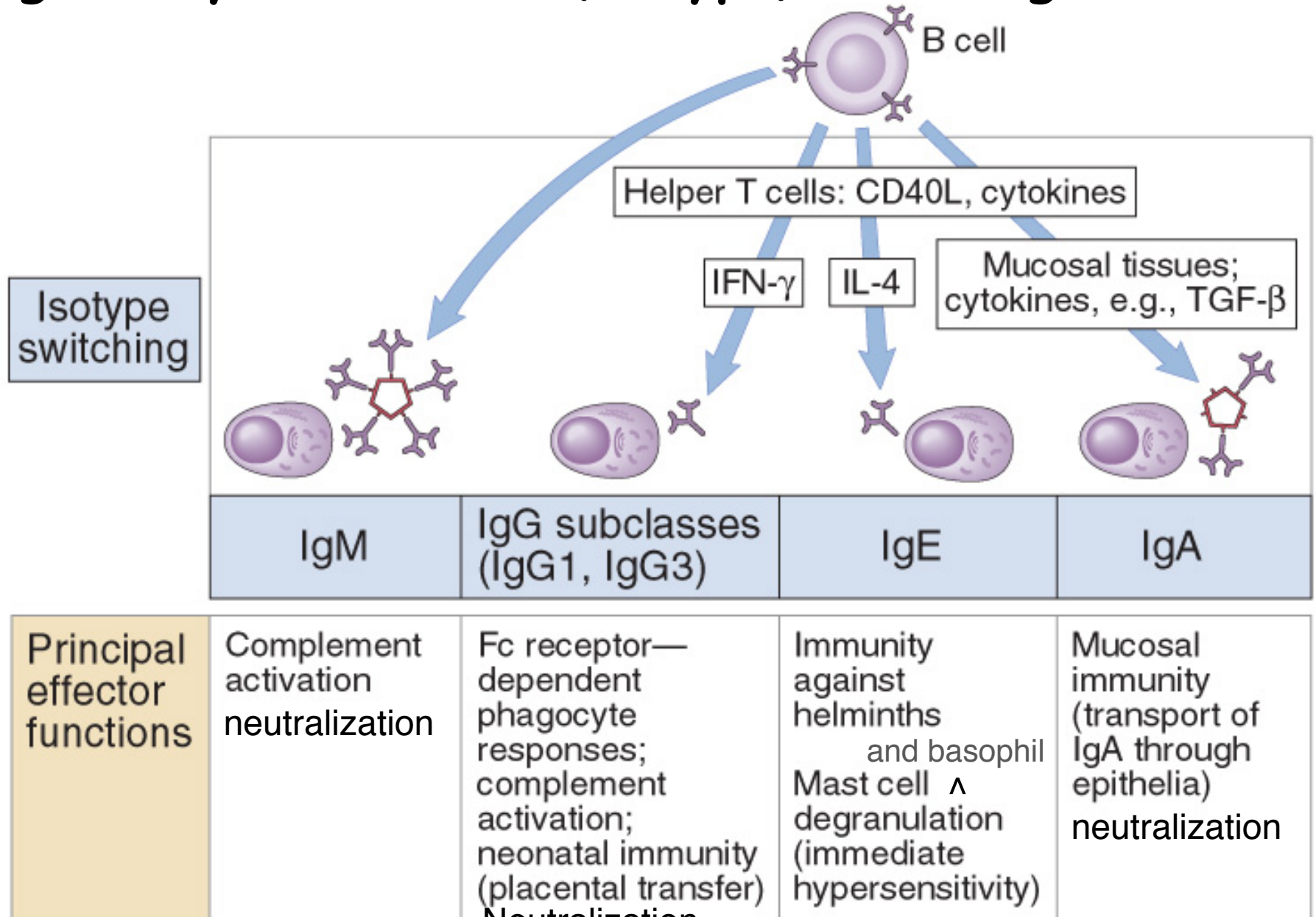
## Two types:

1. Plasma cells generated early in the primary response
  - short-lived (~ few days)
  - typically low affinity
  - form in T-independent and T-dependent responses
  - home to red pulp of spleen, medullary cords of lymph nodes
  - IgM but also IgG and other isotypes
2. Plasma cells generated later in the primary response and that predominate in secondary responses
  - arise predominantly from germinal centers (in primary) or from memory B cells (in secondary)
  - long-lived (possibly several months)
  - often home to bone marrow, gut, lactating mammary gland
  - predominantly isotype switched

# Questions

- Which Ig isotype would be best for an anti-Flu response? Or anti-HIV?
- What is meant by antibody-mediated opsonization? How does this differ from complement-mediated opsonization?

# Ig Heavy chain class (isotype) switching

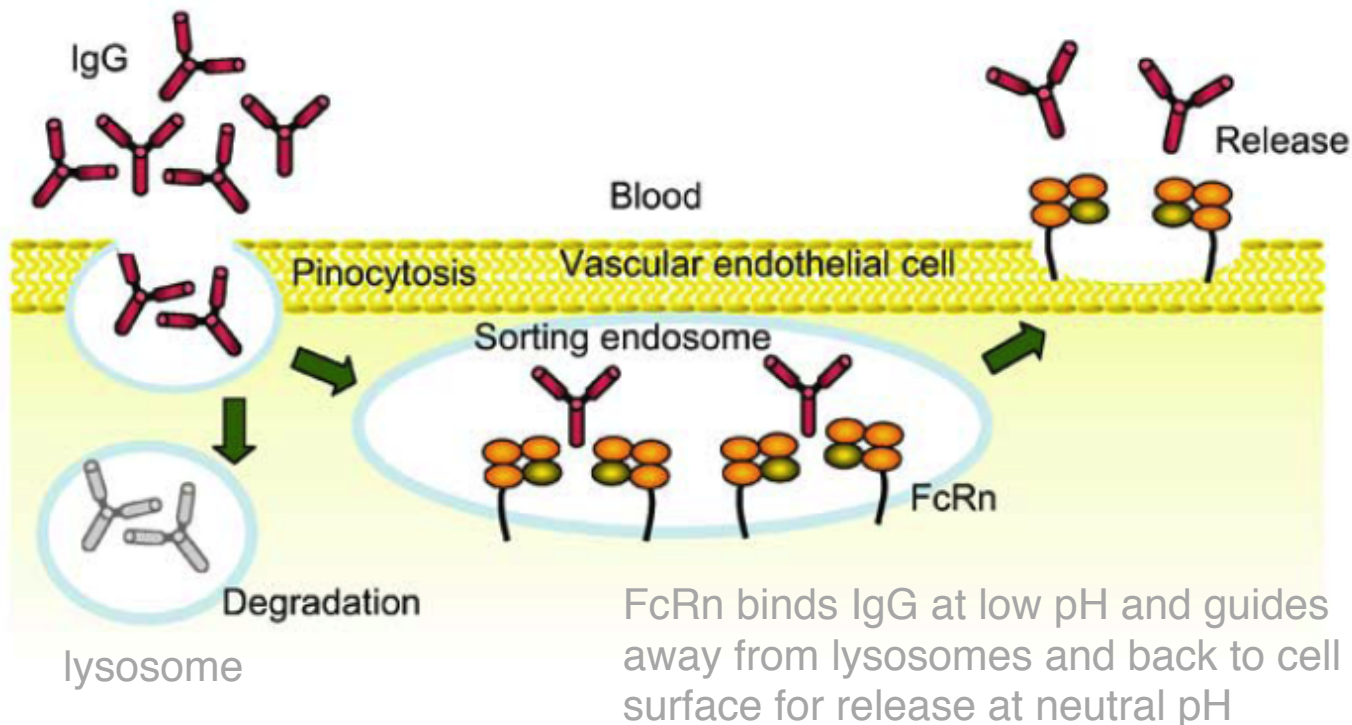


# Neonatal Immunity

- Maternal IgG is transported by the neonatal Fc receptor (FcRn)
  - across the placenta to the fetus
  - from colostrum (first milk) across the gut epithelium
- Confers passive immunity in the newborn
- The duration of protection is 3-4 months (or ~5 IgG half-lives)
  - explains the high incidence of disease after this period by bacteria such as *Haemophilus influenzae*
- Human milk contains IgA
  - provides some protection against gut pathogens
- Neonatal protection is only as good as the titer of IgG (and IgA) in the mother against the specific organism

# IgG half-life

- FcRn is present in endothelium in the adult where it protects IgG from degradation
- Accounts for the long (3 week) half-life of IgG compared to other Ig isotypes
- Therapeutic agents that are fused to IgG Fc regions take advantage of this property e.g. Enbrel (TNFR-Fc)





# Questions

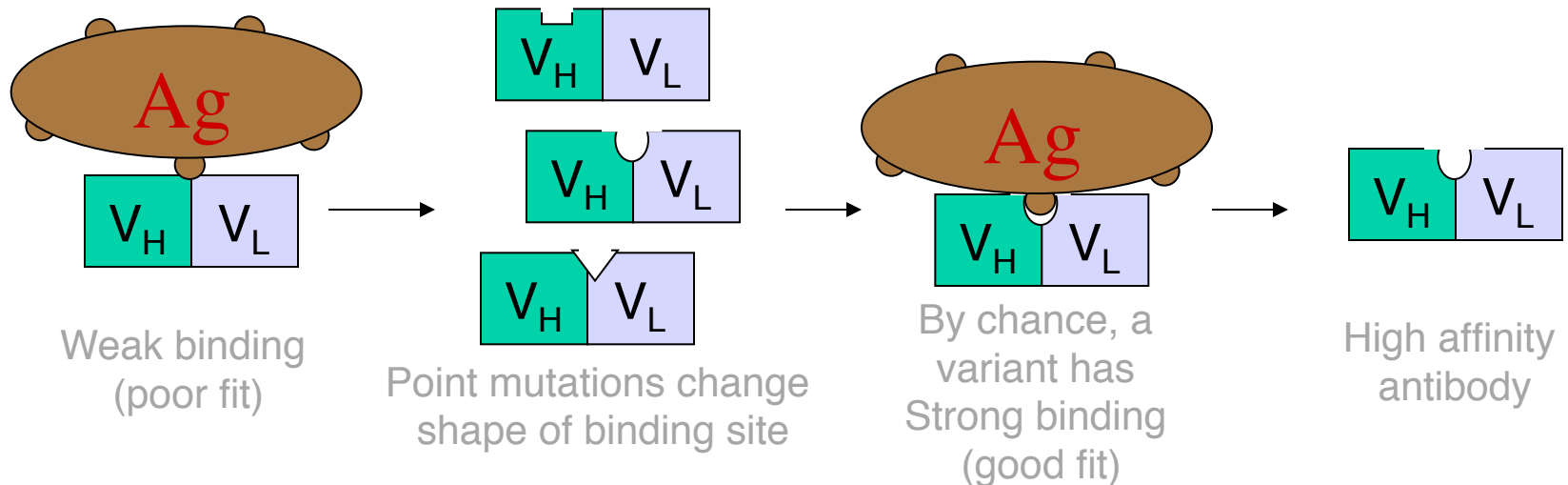
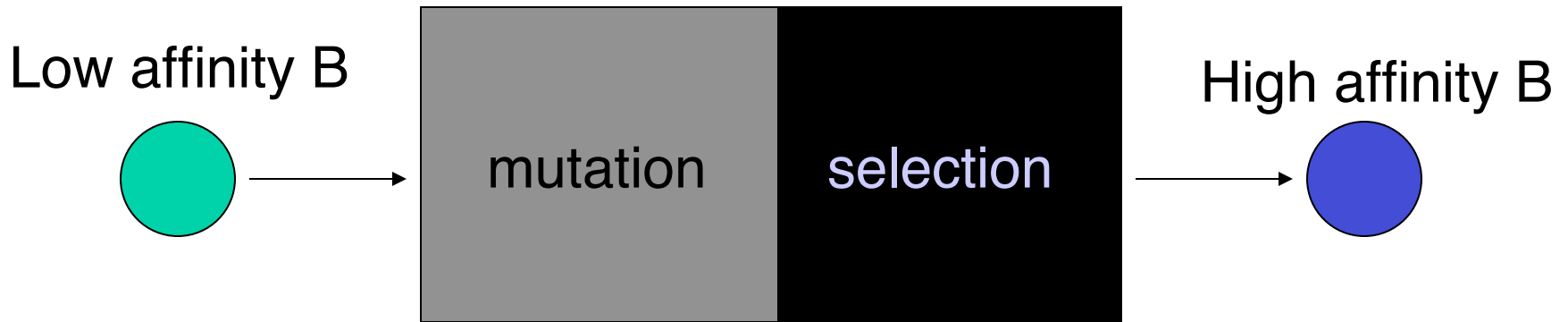
- Why do infants get repeated rounds of a vaccine within months of each other?

# Affinity Maturation

- Affinity maturation occurs in **germinal centers** and is the result of **somatic hypermutation** of Ig-genes in dividing B cells followed by **selection** of high affinity B cells by antigen displayed by FDCs
- The high affinity B cells emerging in germinal centers give rise to long-lived **plasma cells** and **memory B cells**

# Antibody Affinity Maturation

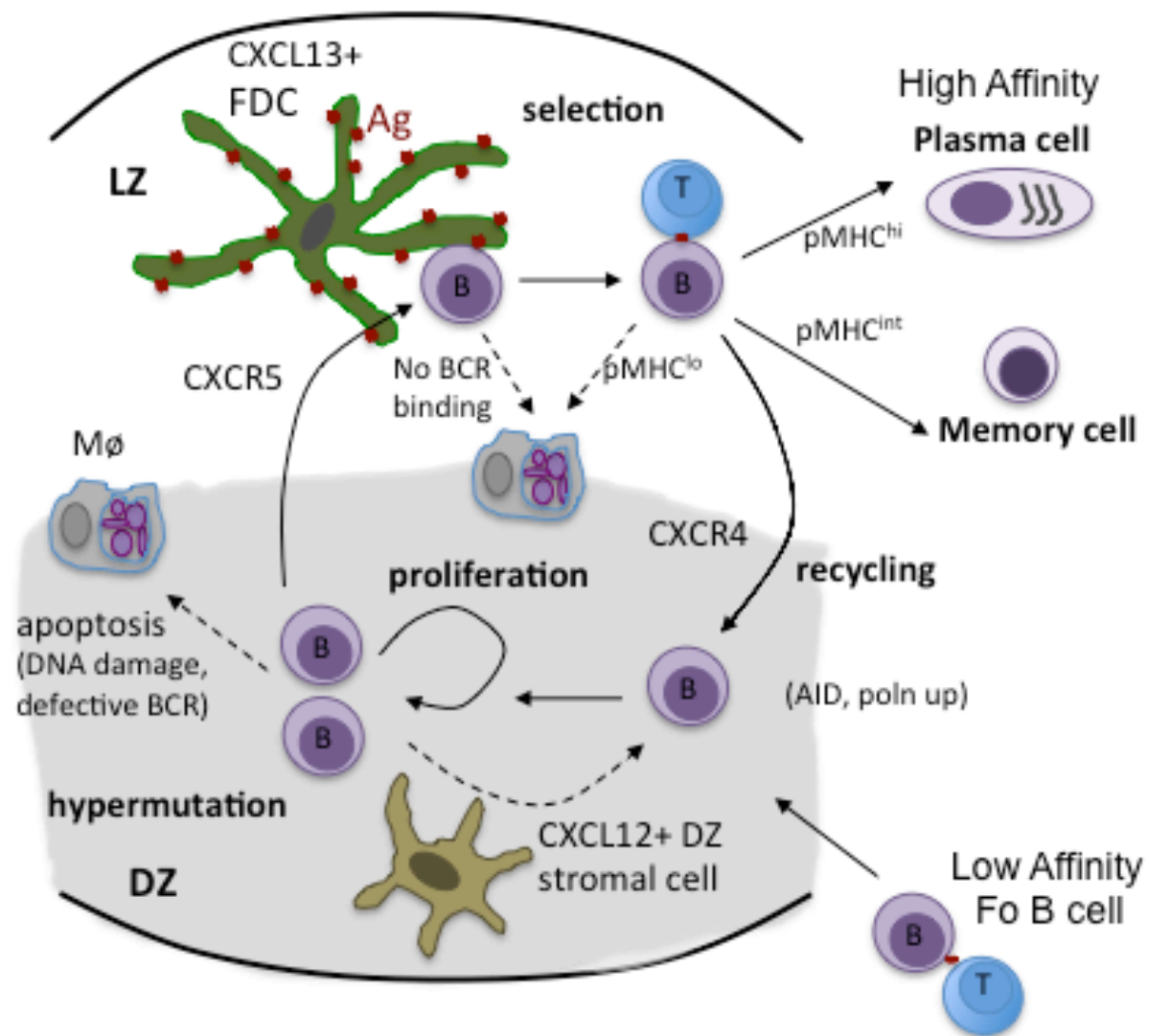
## Germinal Center



# Germinal Center Organization

**Light Zone**  
selection,  
differentiation

**Dark Zone**  
proliferation,  
somatic  
hypermutation



# Germinal Centers

**Function: to generate B cells that produce antibodies with increased affinity for the inducing antigen**

**=> affinity maturation**

**Germinal Center Reaction:**

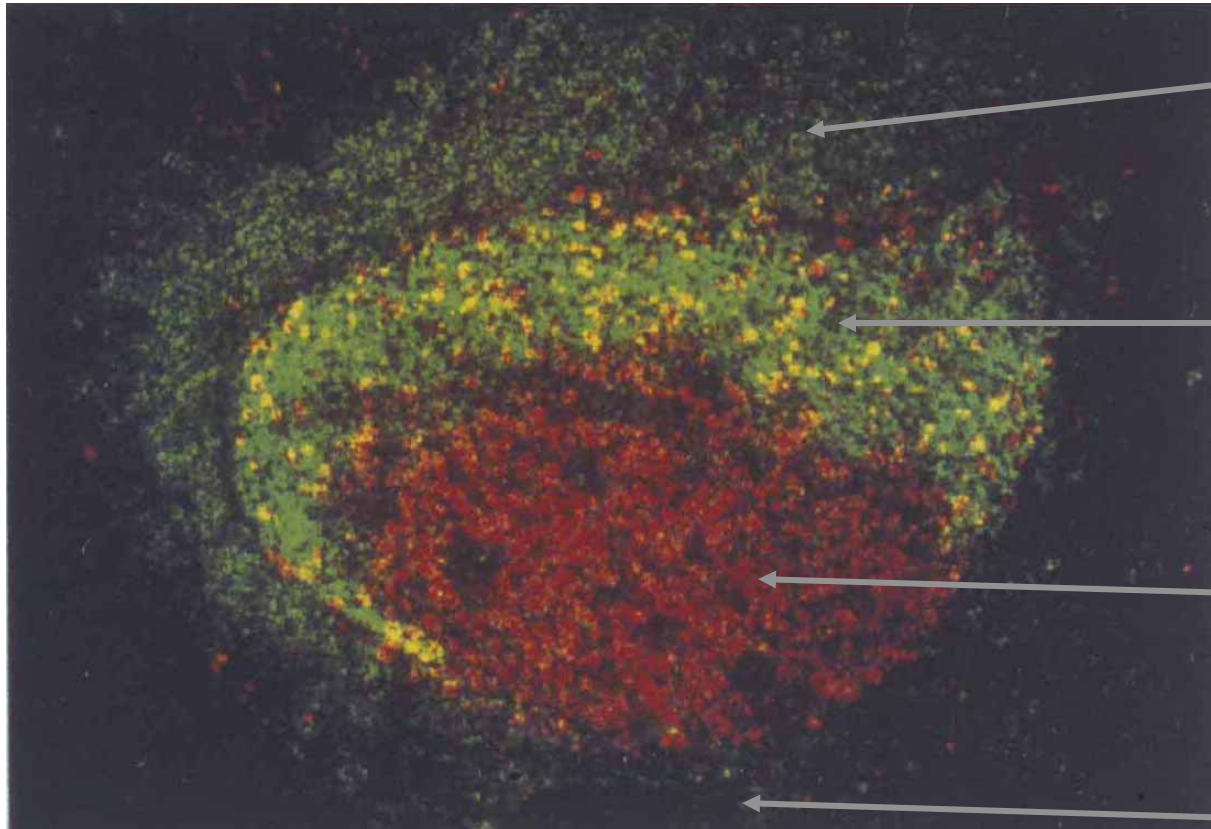
**Activated B cells give rise to Dark zone cells (centroblasts)**

- localize in follicle, undergo rapid cell division and turn on machinery that causes **somatic mutation** in V-regions

**Centroblasts give rise to Light zone cells (centrocytes)**

- migrate to the FDC-rich region of the Germinal Center
- survival is dependent on interaction with FDC-bound Ag and presentation of Ag to T cells
- centrocytes that successfully compete to bind antigen (e.g. by having higher affinity BCR) and to receive T cell help are positively **selected** and may differentiate into long-lived plasma cells or memory B cells

# Germinal Center in Human Tonsil



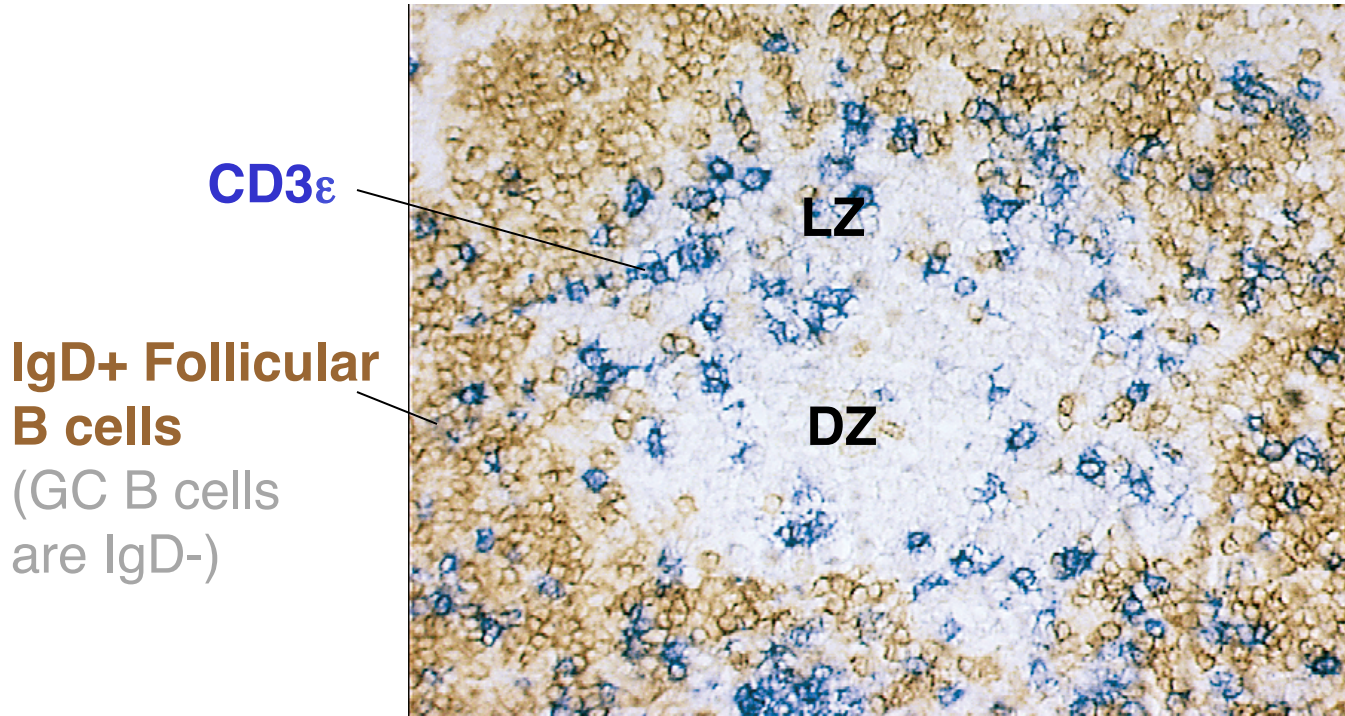
**Follicular mantle zone**  
(CD23<sup>+</sup> naive B cells)

**GC light zone**  
(CD23<sup>++</sup> FDC  
and 'centrocytes')

**GC dark zone**  
(Ki67 cell cycle antigen<sup>+</sup>  
'centroblasts')

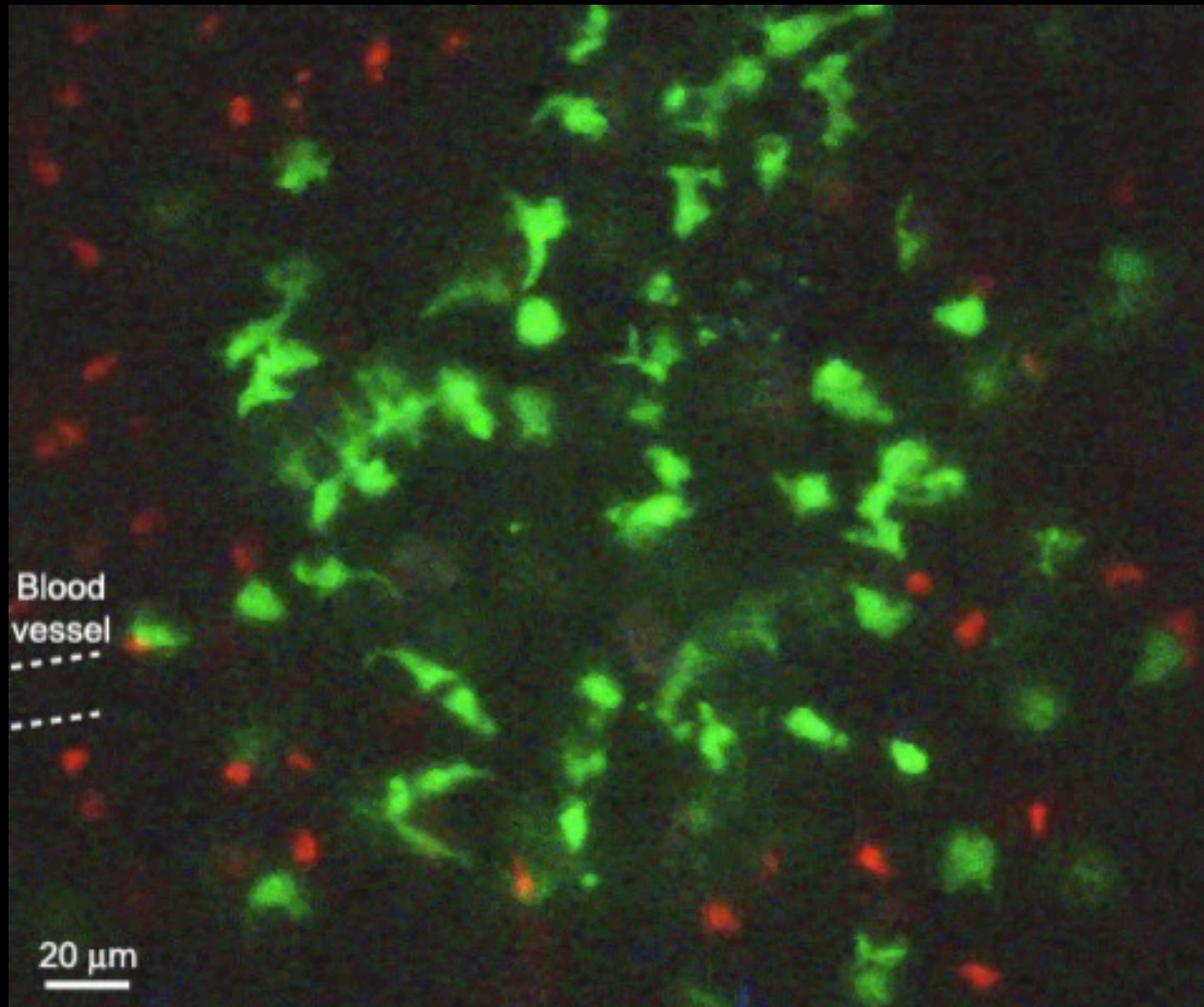
**T zone**

# Affinity maturation is T-dependent



- T follicular helper (Tfh) cells
  - Enriched in GC light zone
  - Make CD40L, IL21, IL4 and/or IFN $\gamma$
- Represent ~10% of GC cells

# GC B cell migration dynamics (d7)



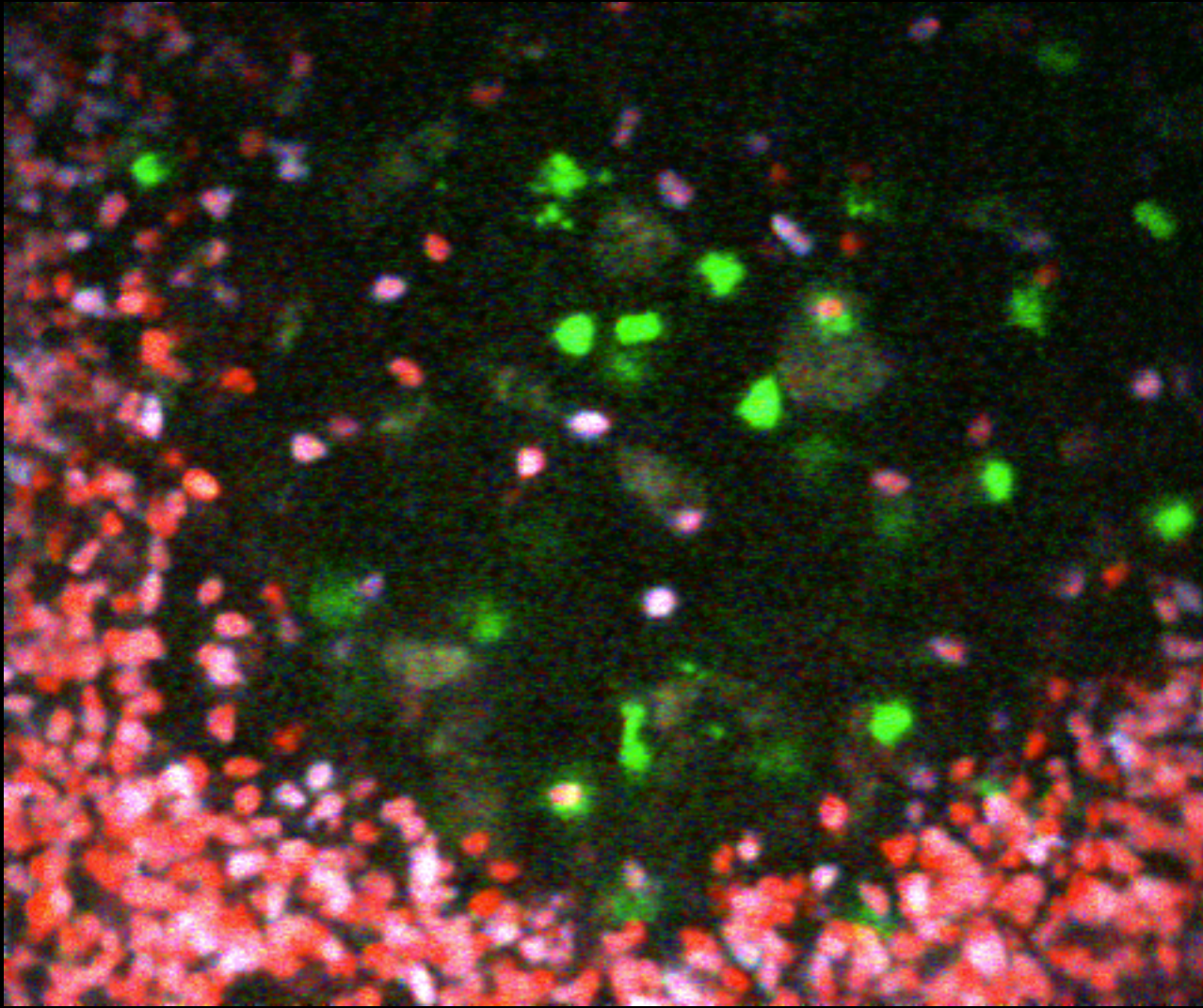
GC B naive B and T

00:00:00

21  $\mu\text{m}$  z-projection



# Germinal Center and Follicular Mantle B cell migration



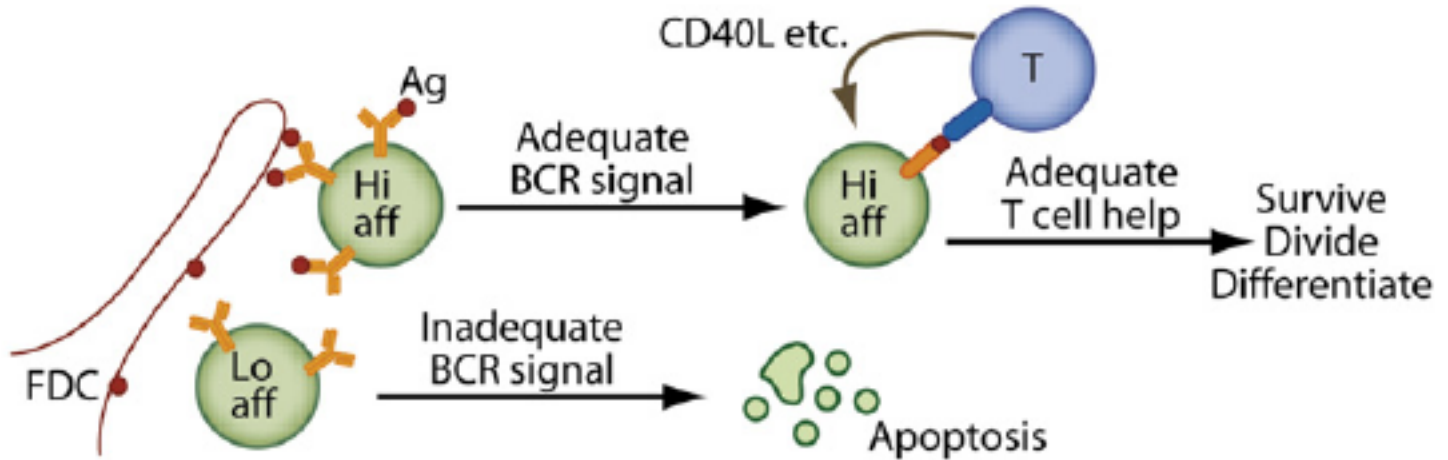
Germinal center B cells

Naïve B cells

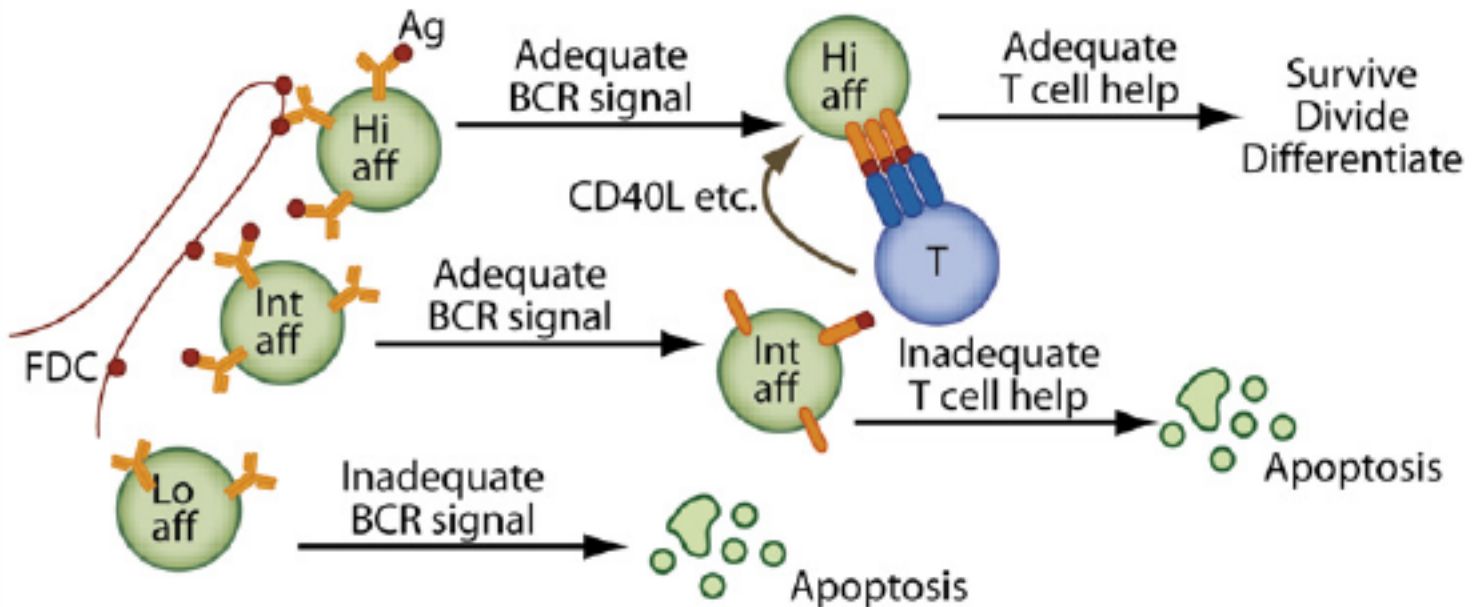
# Selection Model

- GC B cells that have improved affinity capture more antigen in a given amount of time, receiving a stronger BCR signal and presenting more MHC-peptide complexes to GC T cells, outcompeting surrounding B cells for T cell help
- BCR critical for antigen uptake and presentation
- Importance of BCR signal for selection still being determined

### BCR signal-based selection

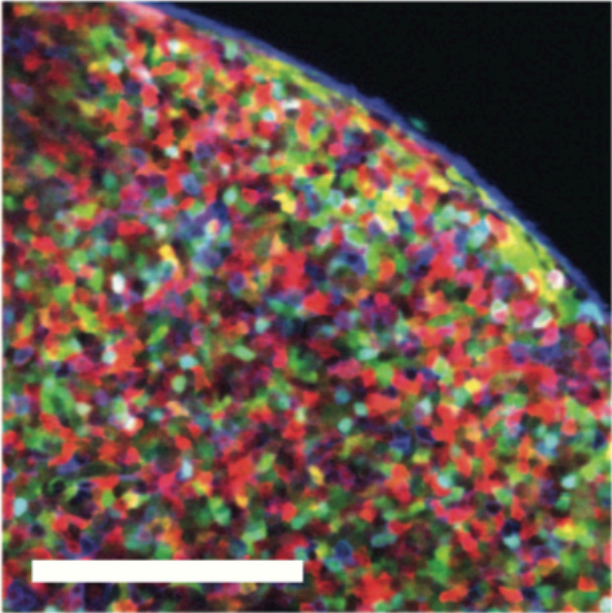


### BCR signal- and T cell help-based selection

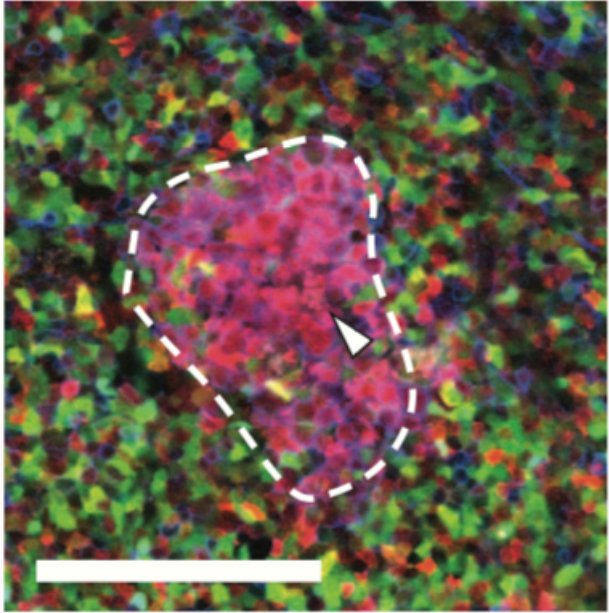


# Visualizing GC clonal selection using 'confetti' reporter mice

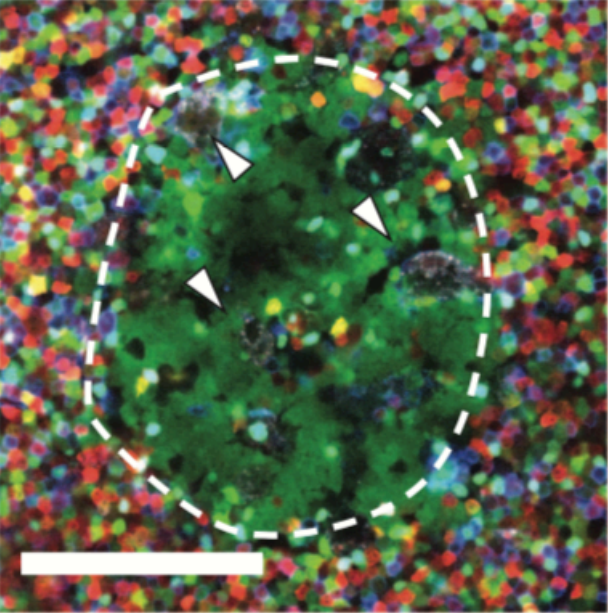
**A** pLN, unimmunized



**B** pLN, 20d post-imm.



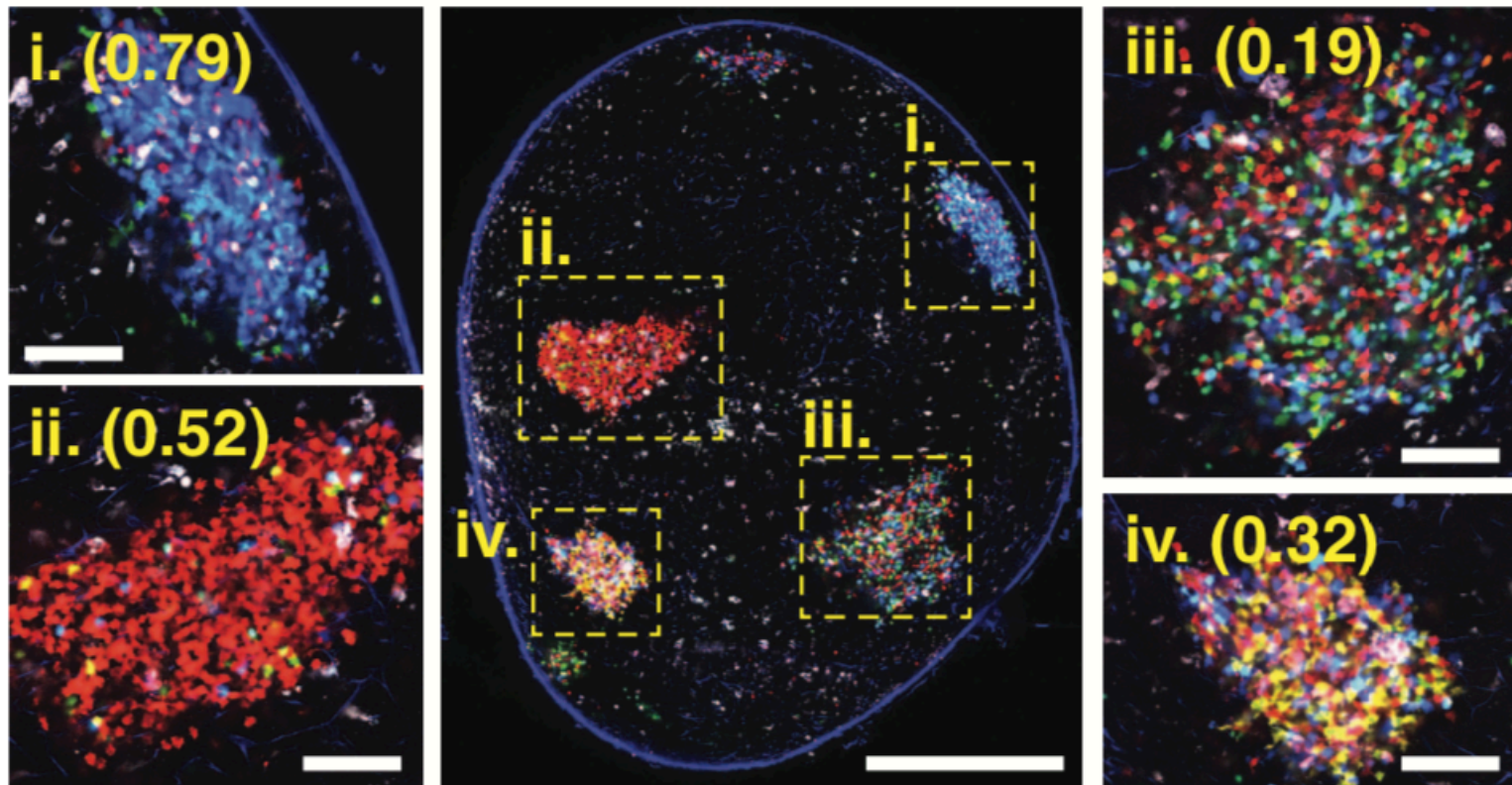
**C** mLN, unimmunized



Lymph nodes from Rosa26Confetti/Confetti Mx1-Cre mice (recombination triggered early in life, generating 10 different color combinations), imaged by multiphoton microscopy

# Visualizing GC clonal selection using 'confetti' reporter mice

**D** Day 15 post-tmx (20 post-CGG)



- Tens to hundreds of distinct B cell clones seed each GC
- GCs lose clonal diversity at widely disparate rates
- Efficient affinity maturation can occur in the absence of homogenizing selection

Numbers in parentheses are the normalized dominance score (clonality)

# Questions

- Why do we get boosters of some vaccines and not others?

# Memory B cells

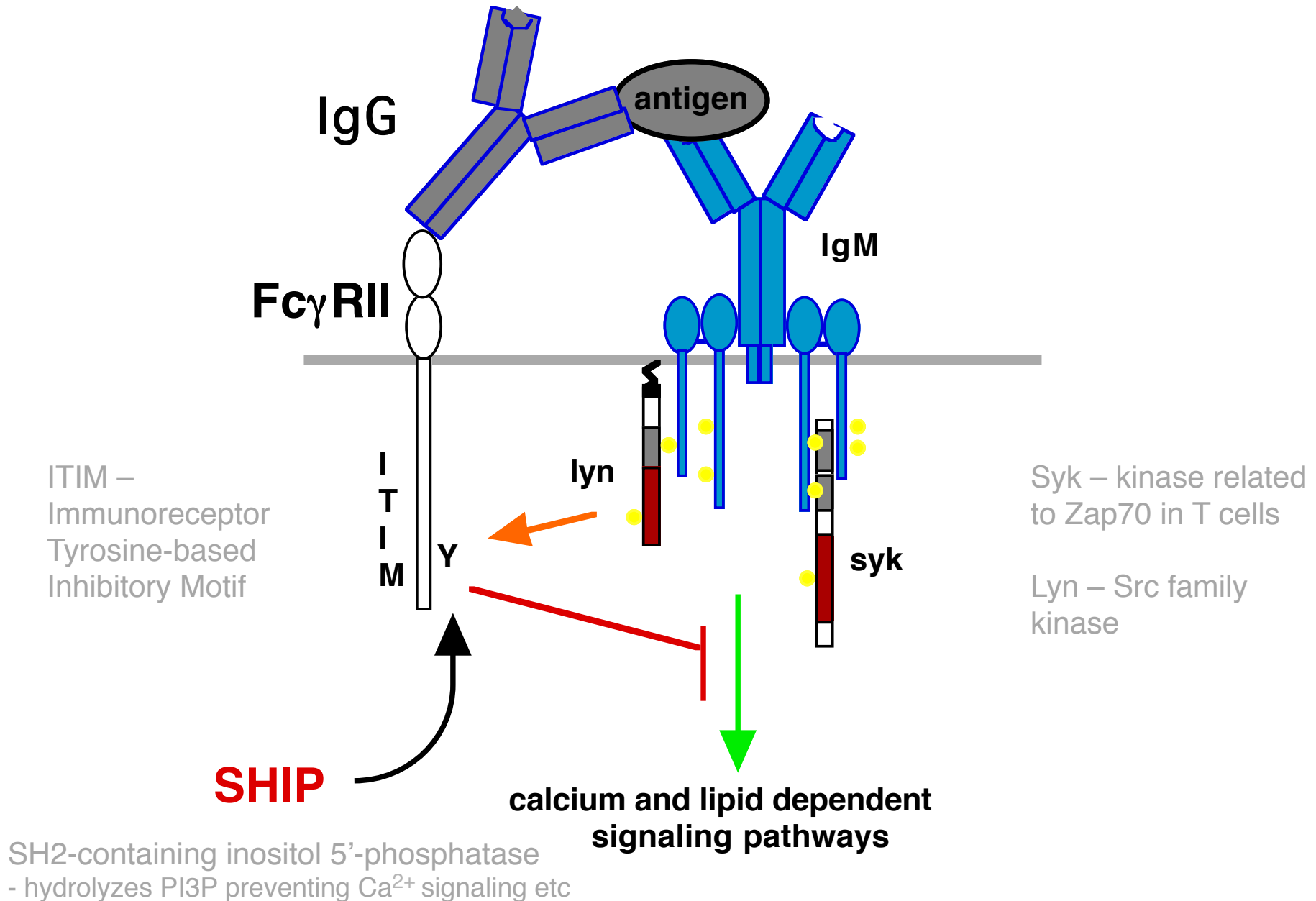
- Generated during the primary response
  - best characterized for T-dependent responses involving GCs but some may arise independently of (and prior to) the GC response
- Small, recirculating cells
- Often isotype switched (e.g. IgG<sup>+</sup> or IgA<sup>+</sup>) but some can be IgM<sup>+</sup>
- Typically have higher affinity for the inducing Ag (carry V-region mutations)
- Longer lived than naïve B cells
  - Persistence of memory B cells after an immune response ensures that we have increased numbers of B cells specific for the antigen and ready to respond on re-encounter
- May have intrinsic differences that promote greater clonal expansion and more rapid differentiation to plasma cells
  - differences in cytoplasmic domains of IgG vs IgM/D
  - upregulation of TLRs

# Questions

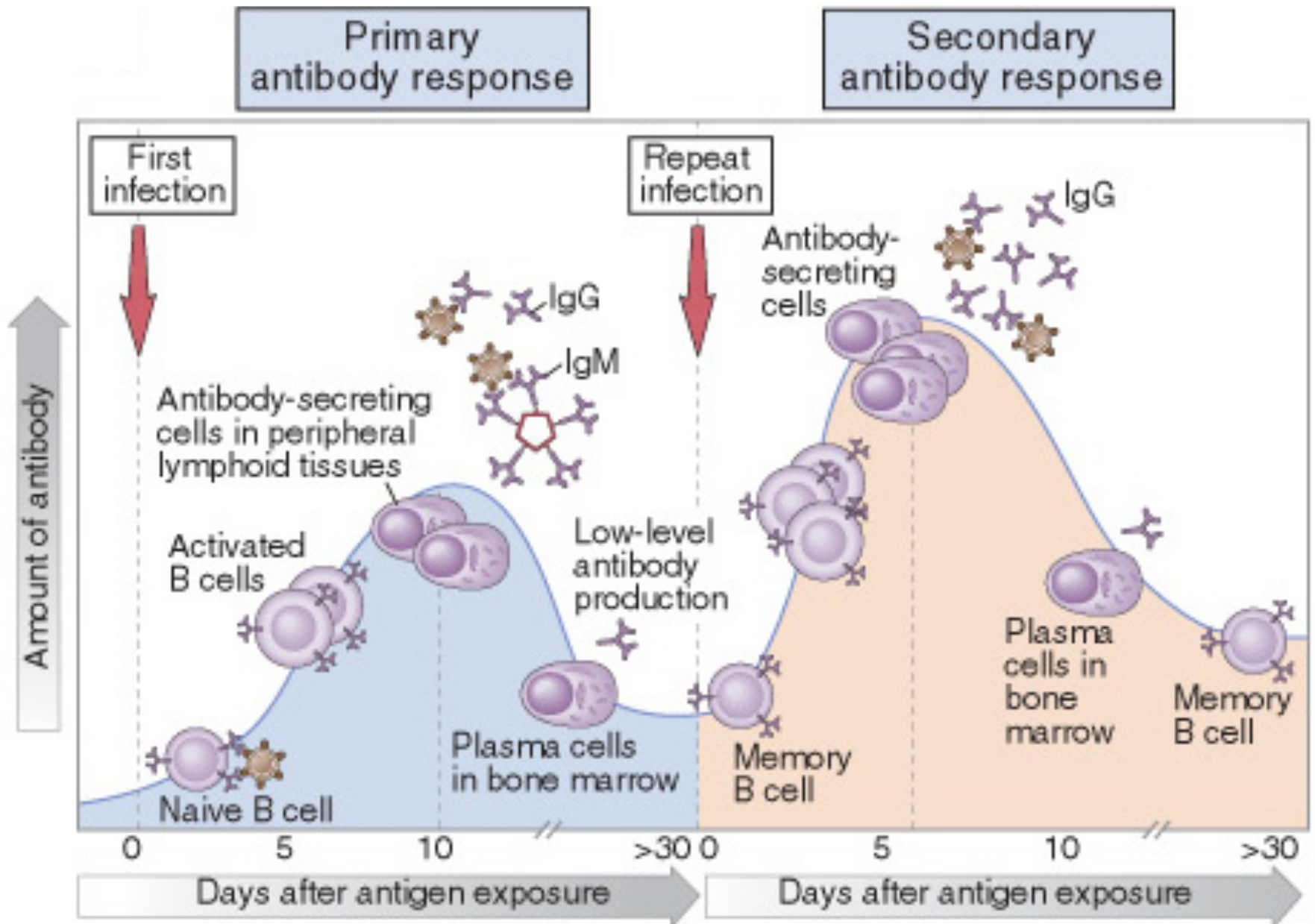
- How does pre-existing antibody against one part of the virus affect the ability to make antibody against another?



# Down-regulation of B cell response by pre-formed IgG



# Features of primary and secondary antibody responses



# Recommended Reading

## Primary papers:

- Tas JM ... Victora GD. (2016) Visualizing antibody affinity maturation in germinal centers. *Science* 351: 1048-54
- Hou B, Saudan P, Ott G, Wheeler ML, Ji M, Kuzmich L, Lee LM, Coffman RL, Bachmann MF, DeFranco AL. (2011) Selective utilization of Toll-like receptor and MyD88 signaling in B cells for enhancement of the antiviral germinal center response. *Immunity* 34:375-84
- Okada T, Miller MJ... Cahalan MD, Cyster JG (2005) Antigen-Engaged B Cells Undergo Chemotaxis toward the T Zone and Form Motile Conjugates with Helper T Cells. *Plos Biol.* 3, e150

## Reviews:

- Weisel F, Shlomchik M (2017) Memory B cells of mice and humans. *Annu Rev Immunol.* 35: 255-284.
- Nutt SL, Hodgkin PD, Tarlinton DM, Corcoran LM (2015) The generation of antibody-secreting plasma cells. *Nat Rev Immunol.* 15: 160-71.
- Victora GD, Nussenzweig MC (2012) Germinal Centers. *Annu Rev Immunol.*
- Kurosaki T, Shinohara H, Baba Y (2009) B Cell Signaling and Fate Decision. *Annu Rev Immunol.*
-